

## Action Notes

### West Yorkshire and Harrogate Health and Care Partnership Adversity, Trauma, & Resilience Training Collaborative

16<sup>th</sup> September 2021, 12:30-14:00

Microsoft Teams

#### In Attendance

Emm Irving	Senior Improving Population Health Programme Manager, WY&H HCP
Anthony Burnham	Training Programme Lead, Cellar Trust
Callie Harrop	Family Support Team Leader, Forget Me Not Children's Hospice
Carrie Rae	Children, Young People, & Families (CYPF) Programme Manager, WY&H
Dannie Harding	Children, Young People, & Families (CYPF) Programme Support, WY&H
David Wise	Lead Intervention Trainer - BARCA
Denise Wheatman	Health Improvement Specialist, CYP Resilience – Public Health Wakefield
<b>Emma Holroyd</b>	
Hannah McGinty	Named nurse for safeguarding children, MidYorks NHS Trust
Jim Leyland	Operations Director, Touchstone
Kathryn Hodgson	Trainer and writer, Trauma Informed Adult Services
Kerry Hinsby	Psychologist with WYH staff wellbeing hub and staff wellbeing within
Kerry Seaston	Service Manager, Wakefield Council
Lindsey Oliver	CEO, New Beginnings
Linda Harris	Chief Executive, Spectrum Community Health CIC
Luke Turnbull	Designated Nurse, Adult Safeguarding, Calderdale CCG
Rebecca Elliot	Public Health Manager (Mental Health and Suicide Prevention), Kirklees
Robert Balfour	CEO, Survivors West Yorkshire
Roger Abbott	Workforce Development Co-Ordinator, WY-FI Humankind
Sally Fletcher	Calderdale
Samana Saxton	Educational Child Psychologist,
Sarah Roxby	Service Director for housing and health
Sean Segal	Head of service, safeguarding, quality and assurance,
Sonya Robertshaw	Workforce Lead, LD & Autism Programme
Sue Northcott	WY-FI Programme Manager, WY-FI Humankind
Susan Francis	Advanced Practitioner & Project Lead, Trauma Informed Care
Warren Larkin	<b>Clinical Psychologist</b>
Zak Yasin	Adverse Childhood Experiences Programme Lead – Bradford Public

Agenda	Actions
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<p>1</p>	<p><b>Welcome &amp; Introductions: All about me</b> All members introduced themselves and discussed the key points in the 'all about me' template distributed.</p> <p>The discussion included the following key themes:</p> <ul style="list-style-type: none"> <li>- Abundance of innovative and groundbreaking best practice and successes so share practice nationally</li> <li>- Support delivery of vision and contribute towards this</li> <li>- All roads lead to trauma. Staff support for those working with trauma and how we look after ourselves and each other</li> <li>- Trauma informed system</li> <li>- Want to incorporate work into organisations. Develop toolkit and resources to support</li> <li>- Consideration of staff experiencing trauma</li> <li>- Ensuring links with the voluntary sector, and how we can utilise the skills and expertise</li> <li>- Skills and expertise from a collaboration</li> <li>- Bringing in lived experience and peer voices / support</li> <li>- Trauma informed strategy within Forget Me Not Hospice</li> <li>- Being as co-produced as possible</li> <li>- Consideration of the wider impact of trauma</li> <li>- Ensure excellent networking opportunities</li> <li>- Simple, practical, and relevant training and support with continuous development</li> <li>- Enthusiasm across the system</li> <li>- Police, schools, and housing having an overview of what trauma is and how they can respond</li> <li>- Training of foster carers and adoptive parents is a gap we need to address</li> <li>- Reduce domestic abuse</li> <li>- Need to embed trauma informed approach in acute and community services</li> <li>- Getting practitioners to think differently</li> <li>- Incorporate suicide prevention</li> <li>- Supporting systems at place and how the collaborative can help support gaps locally</li> <li>- Consistency of trauma informed approaches</li> <li>- Society becomes trauma informed as a whole</li> <li>- Routine enquiry embedded</li> <li>- No more re-traumatisation - work collectively to achieve this</li> <li>- Improved collaboration between housing and health sector</li> <li>- WY Housing Sector to be fully trained and change approach in traditional housing management</li> <li>- Well informed workforce, kindness and understanding</li> <li>- Life course approach</li> <li>- A workforce that never gives up on people's needs</li> <li>- Role of education and trauma informed schools -attachment informed, trauma informed, and resilience led</li> <li>- Support our most vulnerable young people and do not re-traumatise</li> <li>- All systems and services responding and giving the same messages</li> </ul> <p>Locally and regionally to share and not replicate</p>	
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2	<p><b>WY ATR Training Collaborative</b></p> <p><b>Overview</b> – EI discussed the plan on a page for the training collaborative, in addition to briefly discussing the community action collaborative</p>	
3	<p><b>Planning our approach</b></p> <ul style="list-style-type: none"> <li>– Establish a collaboration with all experts on this call, ensuring we can deliver, and co-ordinate across system</li> <li>– Establish fundamental must do’s, but bespoke and evidence based,</li> <li>– training needs assessment, look at what is already happening, develop a training matrix to clearly show what the courses are, what level and how they can be accesses.</li> <li>– Competency and knowledge framework, support staff through supportive supervision – creating peer support networks in relation to this to encourage confidence to work in a trauma informed way.</li> </ul>	
4	<p><b>West Yorkshire Staff Mental Health and Wellbeing Hub</b></p> <p>Due to time constrains, CH discussed the following information in the chat function of MS Teams:</p> <ul style="list-style-type: none"> <li>– The Staff wellbeing hub is for all staff NHS, social care, voluntary sector to access therapy including for trauma if they need it.</li> <li>– As part of the pathway of support we support teams that have experienced acute or chronic trauma.</li> <li>– We have a training programme to increase this resource across the partnership.</li> </ul> <p>CH also shared the following:</p> <p><b>Hub contacts</b></p> <p>Staff Support Telephone Line: 0808 1963833 (8-8, 7 days a week) Freephone.</p> <p>Website: <a href="https://workforce.wyhpartnership.co.uk">https://workforce.wyhpartnership.co.uk</a></p> <p>General enquiries: <a href="mailto:bdcccg.wyh.mentalwellbeinghub@nhs.net">bdcccg.wyh.mentalwellbeinghub@nhs.net</a></p> <p><a href="#">Watch this</a> video for more details</p>	
5	<p><b>Next Steps &amp; Close</b></p> <ul style="list-style-type: none"> <li>• Theory of change</li> <li>• Will send out extra document to group (EI/CR)</li> <li>• Will pull another meeting in four weeks to set out what we intend to do</li> <li>• Clear themes come out today – planned approach, will pull these together to form the basis.</li> </ul>	<p><b>1,2,3,4</b></p>
<p><b>Date and time of next meeting:</b> TBC</p>		

No	Action	Lead	Status
1	CR/EI will send out further documents to the group	EI/CR	OPEN
2	A further meeting will be scheduled in four weeks' time to discuss what we intend to do	DH	OPEN
3	Themes from the first session will be pulled together to form our basis	EI/CR	OPEN
4	All members to share their 'all about me' document with CR/EI	All	OPEN
<b>Actions Completed</b>			