



# Adversity, Trauma and Resilience

**This is my pledge – to embed trauma informed care in all my work as an AHP Lead**



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I am pledging that all Allied Health Professionals will ensure that we sensitively consider the impact of a person's trauma and adversity on the way they live their life and the therapy goals we work on with them.

I personally pledge to embed trauma informed care in all my work as AHP Lead and ensure that all our AHP staff can feel safe and supported in the work they do and can grow and thrive as clinicians to deliver the best care.

