



# Adversity, Trauma and Resilience

## This is my pledge – Reduce Inequalities

I pledge to help to



**Dr Linda Harris**

Chief Executive

Spectrum Community Health CIC

18/06/21

- Reduce trauma, adversity, build resilience for the population across the West Yorkshire System, in particular people those we care for with multimorbidity's
- Reduce multiple disadvantages, repeat demand on services and provide accessible services to better support and improve outcomes for people experiencing Multiple and Complex Needs.
- Support local and regional approaches to future commissioning of appropriate, effective and integrated multiple needs services and seek out every opportunity to tackle silo working
- Provide access to integrated care and support from a range of professionals including those with lived experience across health, education, social care, youth justice, the police and the voluntary sector to ensure that their needs are met in a co-ordinated way.
- Respond to the increasing need of our population in relation to adversity, trauma and multiple disadvantages including the impact of COVID 19
- Influence a change in commissioning across the system (more integrated commissioning across health and social care)
- Support education and training in inclusion health and wellbeing, share learning and accelerate a replicate good practice across the system.

