

Pledge	Name	Position/Organisation
1. To continue to explore, with my colleagues, how we may become a more trauma informed system and how this may influence our approach to commissioning. I commit to listening and learning to those with lived experience to understand how we design services to empower them to achieve the best outcomes and how we need to adapt to be more trauma informed commissioners	Adam Clark	Contract & Quality Manager, Bradford Council Adult Commissioning Team
2. Touchstone will become a trauma-informed organisation by the end of 2021 As a trauma survivor I am passionate about preventing the life-long harm that trauma can bring to people, their families and communities. Becoming a trauma-informed system will support prevention and early intervention but will also help build sustainable communities where people's lived experience is viewed as an asset, not a problem. I pledge Touchstone will become a trauma-informed organisation by the end of 2021. Touchstone will deliver this ambition by investing in training to managers and frontline staff and by developing a champion's model in teams. We will continue to see our communities as assets and work with them to build those assets into renewed hope for the future.	Alison Lowe	Touchstone Chief Executive
3. I pledge to ask people I care for, the questions that could enable them to feel safe and talk about any ACE in their past.	Alison Speight	Airedale Maternity
4. to work my hardest to actively involve people with lived experience - I pledge to work my hardest to actively involve people with lived experience to shape the design and delivery of trauma-informed services	Amy Degnan	Clinical psychologist
5. to work both professionally and personally to reduce adversity in society and the harm that can lead to... I pledge to do all I can to ensure services pay attention to the lives people have lived alongside what they're struggling with in the here and now. That staff working with service users are equipped to have quality, safe and effective working relationships and the skills required to support people's recovery. To recognise that our staff are people too and their wellbeing is essential. To promote the idea that all our policies, procedures and environments are trauma informed encouraging a sense of safety that is supportive of recovery. Also to work both professionally and personally to reduce adversity in society and the harm that can lead to later physical and mental health issues, intervening early to build resilience in all.	Dr Anita Brewin	Head of Psychological Therapies (BDCFT)
6. I pledge to share what I have learnt to keep this conversation going	Annie Pearson	
7. always try and be mindful of trauma and its impact on my work with clients, families, staff - <i>I pledge to always try and be mindful of trauma and its impact on my work with clients, families, staff, and the wider system. I will try my best to help others do this when I supervise them.</i>	Annika Ashforth	Clinical Psychologist
8. Barca-Leeds is committed to becoming a trauma informed organisation At Barca-Leeds we support children, young people, adults and families to overcome challenges and adversity in their lives. We recognise and understand that trauma plays a significant impact on people from childhood through to adulthood. Experiencing trauma can have a long-lasting negative impact on a person's life chances, the choices they make and the way they present. However, we also know that trauma does not define a person and that with support people can overcome barriers and live happy and fulfilling lives. This is why Barca-Leeds is committed to becoming a trauma informed organisation. Working collaboratively with the West Yorkshire and Harrogate HCP and other partner organisation we will ensure the services we deliver are person centred and individualised, taking into account each person's unique life experiences. The Barca-Leeds Strategy 2021 - 2024 will include a trauma informed focus incorporating workforce development, staff policies and procedures. This will ensure that we embed a trauma informed culture across the organisation, not only for the people we support but also for our staff.	Paula Gardner and L Whitaker	Ops Directors, BARCA Leeds
9. My pledge - I will continue to work with others to put trauma-informed and responsive practice in place across our services and teams. I will continue to work with others to put trauma-informed and responsive practice in place across our services and teams. Including ensuring workforce wellbeing is central to our Trauma Informed Strategy. Actively ensuring that we value the voices of lived experience, including the development of a co-production strategy. Integrate the knowledge and skills for trauma-informed and responsive practice wherever relevant in future training and educational resources. Including, advocating a shift from the question 'what is wrong with you?' to the question 'what has happened to you?'. Strategical continue to lead our organisation in developing the vision and principles of implementing a whole organisation and systems approach to a shift to trauma-informed care; including actively engaging the right people to develop a strategy for longer term implementation, informed by co-production and gap analysis.	Catherina Westwood	Senior Advanced Nurse Practitioner for the Trauma Informed Personality Disorder Pathway
10. This is my pledge – to embed trauma informed care in all my work as an AHP Lead I am pledging that all Allied Health Professionals will ensure that we sensitively consider the impact of a person's trauma and adversity on the way they live their life and the therapy goals we work on with them. I personally pledge to embed trauma informed care in all my work as AHP Lead and ensure that all our AHP staff can feel safe and supported in the work they do and can grow and thrive as clinicians to deliver the best care.	Cathy Wright	Allied Health Profession Lead
11. This is my pledge – to share best practice and learning I pledge that I will share best practice and learning through the commissioned interventions in the West Yorkshire Violence Reduction Unit to become trauma informed and responsive	Chelsey Pattison	Senior Programme Delivery Manager, West Yorkshire Violence Reduction Unit
12. This is my pledge – work harder! I pledge that across the Violence Reduction Units Knowledge Hub, I will ensure that our research continues to raise awareness of adversity, trauma and resilience and works harder to ensure meaningful coproduced interventions are commissioned to create safer communities for future generations to grow up in and enjoy.	Chloe Froggett	Knowledge Hub Manager, West Yorkshire Violence Reduction Unit
13. This is my pledge – To be a catalyst for change in the lives of Young People WYFRS Youth Interventions team pledge to work preventatively with vulnerable young people across West Yorkshire to help reduce their dependency on blue light services throughout their lives. Through the early interventions that we offer, we will inspire behaviour change by providing opportunities for young people to develop character, resilience and determination. Through this, we will increase not only their current safety awareness, but develop their social responsibility and skills for the future.	Claire Wright	Youth Interventions and Prince's Trust manager
14. This is my pledge – promote the voice of children and families I pledge to ensure that the voices of children and families in Leeds are heard, to support our continuing development of trusted and compassionate services that are grounded in trauma informed practice. I am confident that all agencies, in Leeds and beyond, can work together to improve approaches to support for children who may be affected by trauma.	Cllr Fiona Venner	Executive Member for Adult and Children's Social Care and Health Partnerships
15. I pledge to listen to the needs of children and families and support them to be heard when working with partners in Leeds to prevent children and young people from experiencing trauma and to respond swiftly to those who need our support.	Donna Deer	Senior Partner Relationships Manager

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16.	Talk to people openly and honestly about their traumatic experiences	Donna Hamer	West Yorkshire & Harrogate
17.	“To become more trauma focused.” I will endeavour to take the time to listen effectively to people who have chronic diseases. My specialism is Chronic Pain and I have started to shift my focus away from trying to ‘fix’ people and more towards understanding what people’s needs are. I have been making a conscious effort to ask about trauma and in particular adverse childhood experiences (ACEs). I pledge to also help educate and help clinicians talk about trauma when managing people. The NHS should become trauma-informed and trauma-focused.	Dr Asim Suleman	GP Bradford
18.	This is my pledge – Responsive and Collaborative Practice I pledge to work with infants, caregivers, families, colleagues, wider systems and the community to put trauma-informed and responsive practice at the heart of what we do. Highlighting the importance of; relationships that offer choice, collaboration, empowerment, safety and trust. I pledge to respond in ways that prevent further harm and reduce barriers, enabling access for all and supporting resilience and growth.	Dr Gemma Chadderton	Consultant Clinical Psychologist Leeds Infant Mental Health Service
19.	I pledge to improve my knowledge to better understand the impact and the repercussions of adversity and trauma on individuals and their families. By doing this, as a clinician, I am able to then have more meaningful consultations that really supports, facilitates and enables more personalised care that makes a real difference to the person and their resilience. Building better understanding and sharing with the person to find solutions that work for the person	Dr James Thomas	Clinical Chair of Bradford District and Craven Clinical Commissioning Group Chair Clinical Forum West Yorkshire and Harrogate, Health and Care Partnership
20.	<i>I pledge and will encourage others to listen to the real lived experiences of children and young people who have lived through trauma and adversity, ensuring that this continues to guide meaningful actions for benefit of future generations.</i>	Dr Sal Uka	WYAAT Medical Lead & Consultant Paediatrician
21.	Trauma informed practice and Resilience with the VCSE and the wider C/YO workforce Engage and promote VCSE groups in sharing services which are currently under the radar that deliver Trauma informed practice and responses to improve outcomes with children, young people and communities Assist in supporting partnerships to include VCSE organisations that provide trauma informed practice and assist children, young people and families to develop resilience	Emily Castle	CEO Young Lives Consortium
22.	To support colleagues across West Yorkshire to meet our 2020 vision	Emmerline Irving	Senior Programme Manager – WY&H HCP/WY VRU PH Lead
23.	To continue to make a difference however I can	Gail Branford	
24.	I pledge to continue to support our work in Bradford highlighting the impact of early trauma on children’s development. I also pledge to continue to support the delivery of services to prevent harm, to build resilience and support children and parents dealing with trauma.	Gill Thornton	Head of Programme, Better Start Bradford
25.	StreetGames pledges to use the power of sport in order to drive social change, creating better equitable and inclusive opportunities in the lives of young people and communities. Using our methodology of Doorstep sport, we will support underserved communities to be healthier, safer and more successful. We pledge to work with systems leaders and partners in order to drive meaningful and lasting change to those who we serve.	Halima Khan	Area Director, Yorkshire and Humber , StreetGames
26.	My pledge is: <ul style="list-style-type: none"> To establish a culture where adversity, trauma and resilience is recognised and responded to appropriately and sensitively To provide trauma informed training to all frontline staff To create resilience through early intervention when there is a threat of homelessness To reduce inequalities for those with complex needs through securing suitable housing with support 	Heidi Wilson	Lead for Housing – Calderdale Council
27.	I pledge to incorporate my learning into my practice and share my new knowledge with colleagues	Helen McEwan,	Patient Ambassador, BHR PCN
28.	I pledge that in my role as Director of the Violence Reduction Unit, I will ensure that I continue to raise awareness of adversity, trauma and resilience across the partnerships and ensure the team develop interventions which aim to achieve positive outcomes for young people and our communities.	Jackie Marsh	Director of the, West Yorkshire Violence Reduction Unit
29.	I pledge to listen to children and families in all the development of our programme of work in Leeds, where we are working across the partnership to prevent children and young people from experiencing trauma and to respond swiftly to those who need our support.	Dr Jane Mischenko	Children’s Partnership Development Lead
30.	I pledge to always listen; to give people who have experienced adversity and trauma the space to speak and be heard. I will take what I hear and drive change. I will work tirelessly to ensure that people who have experienced trauma and adversity are included and welcomed. I know this will reduce isolation and improve mental health, including my own. Trauma and adversity are significant risk factors in self harm and suicide. Ultimately, creating a trauma-free world will reduce the number of people who take their own lives.	Jess Parker	Suicide Prevention Project Manager
31.	Through my current role as Programme Delivery Manager within the Violence Reduction Unit and my previous role as a Midwife, I am passionate about trying to reduce adversity and trauma. Particularly through early intervention, supporting families to break the intergenerational cycle of trauma and adversity. I pledge to continue to support the work of the West Yorkshire Adversity Trauma and Resilience Programme. I will ensure that throughout my role I embed trauma informed approaches and I will endeavour to work towards breaking the intergenerational cycle of adversity and trauma. I will work with colleagues to create system wide change through the work of the West Yorkshire Violence Reduction Unit and West Yorkshire Adversity, Trauma and Resilience Programme to ensure West Yorkshire is a trauma informed and responsive system by 2030 and develop a whole system approach to tackling multiple disadvantages.	Jessica Jennings	Programme Delivery Manager West Yorkshire Violence Reduction Unit
32.	I pledge to do all I can, both at home and in work, to prevent and protect people from experiencing trauma. I will work alongside communities, the VCSE sector, and colleagues in health and care to tackle inequalities and improve people’s health and wellbeing and their confidence and skills to cope with adversity. I pledge to listen to and support my colleagues, recognising all of us face adversity at some time in our lives or come across it through our work.	Jo Baker	

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33.	We will live by our promise to learn from our mistakes, embrace challenge and share with others on the same journey	Jo Howes	Public Health, Bradford
34.	My Pledge is to work towards ensuring the services which are commissioned by Wakefield CCG have the child and family at the centre and are working in a way which promotes resilience whilst working in a Trauma Informed way. To work with agencies across Wakefield to ensure that services work together and that we move towards integration across our health, social care and education system. To use commissioning and contracting processes to develop Trauma Informed practice across services and also to use these processes to be able to map outcomes of service provision. My aim is to support children and young people to be happy, healthy and achieving.	Jo Rooney	Senior Commissioning Manager Wakefield CCG
35.	I pledge to share what I have learnt at the knowledge exchange with the teams I work with and to champion trauma informed care.	Joel Dalton	Clinical Psychologist
36.	I pledge to work across boundaries, organisations and teams to be sure we learn and improve together to keep the people of Leeds safe from harm.	Julia Walker-Brown	Quality Improvement and Patient Safety Manager (Children's and Maternity)
37.	Our Calderdale Vision 2024 is to build resilience in children and families I work for Calderdale Council and I pledge that our social workers, foster carers and residential staff will be trained in how to deliver trauma informed care to children looked after. This will improve relationships and trust as carers understand the child and their history and better meet their needs. Calderdale has 100 schools and our education teams work to support children with additional needs, to improve attendance, attainment and reduce exclusion. Understanding the impact that trauma can have on a child's behaviour will be a key aspect of this support and building understanding in our school communities. We are proud of our Vision 2024 where we show kindness and care to our children and their families. Our aim is for children and families to be treated with respect; to reduce adversity and poverty for families and use strength-based practice. Families are experts about what support they need; they want to tell their story once. Our pledge is to provide the right support at the earliest opportunity, to promote family resilience and reduce the need for specialist services.	Julie Jenkins	Director of Children's Services Calderdale Council
38.	I will do more to understand difference and to be as inclusive as possible in all the work I do. This will include striving to represent the interests of all members of our West Yorkshire Community and to encourage partners to do the same. I want to make sure that what we do for others, suits their needs as far as humanly possible and that they feel valued and cared about.	Kate Jowett	Criminal Justice Advisor to the WY Mayor and Deputy
39.	Be trauma informed in every interaction. Use my experience, enthusiasm and skills, to help in any way I can	Kathryn Hodgson	
40.	I pledge to manage services and staff to ensure that we hear the voice of children and young people and of their parents/carers in order that informs our work with them and in particular to safeguard children/young people and prevent them from experiencing trauma and any further trauma. I will ensure we continue to offer services at a local and accessible level and to the most vulnerable of families.	Keith Lander	Targeted Services Leader
41.	I'm proud to be a champion for our work on adversity, trauma and resilience I pledge to <ul style="list-style-type: none"> • build greater understanding of the damage early experience of trauma and adversity wreaks on the whole course of people's lives • to work for the elimination of all forms of abuse that are the source of so much trauma and adversity • to secure commitment from all agencies to prioritise development of effective support for individuals, families and communities • to build work that is deeply informed by and responds to the needs of those with lived experience of trauma and adversity 	Kersten England CBE	Chief Executive City of Bradford Metropolitan District Council
42.	I pledge to continue to work with colleagues to move Wakefield YOT forward to adapt a trauma informed approach. <ul style="list-style-type: none"> • We will work together to develop a trauma informed development plan for the next 12 months • We will start formulation planning meetings by September 2021 to ensure our young people's plans are informed and consider adversity, trauma and resilience at the heart of them • We will work to consider how we can make better use of Wakefield's resilience framework to develop practice and evidence young people's outcomes more effectively. 	Laura Geoghegan	Wakefield Youth Offending Team
43.	To advocate for the voice of survivors to support trauma informed systems	Lindsey Oliver	New Beginnings
44.	The Probation Service for Yorkshire and the Humber are committed to supporting the work of the West Yorkshire and Harrogate Health and Care Partnership in respect of Adversity, Trauma and Resilience. We support this approach for individuals with complex needs and welcome the opportunity to be involved in developing a service for those who meet the criteria, particularly to assist those under our supervision. We have a strong ethos of working in partnership and therefore welcome the opportunity to develop ways of working which will improve the outcomes for those we work with and the wider community.	Lizzie Wright	Business Change Manager Yorkshire and the Humber Rehabilitation Partnership
45.	Following the publication of the Burnt Bridges? Safeguarding Adult Thematic Review into the death of 5 men experiencing multiple disadvantage in Calderdale, I pledge to work with partners to ensure that the recommendations of this report are fully implemented. I want to make sure that health services are available, accessible and effective for those who face the greatest disadvantage in our communities. This work will include advocating for and supporting trauma informed practice to be embedded in health service provision.	Luke Turnbull	Designated Nurse for Safeguarding Adults, Calderdale Clinical Commissioning Group
46.	To work with Carrie and Emm to see how we can effectively embed this in all our acute/ urgent care services for children, young people and families in WY&H.	Mathew Mathai	Consultant General Paediatrician (Bradford Teaching Hospitals NHS FT); Clinical Lead for Children's Healthcare in the Community (CHiC) WY&H and the Born in Bradford Programme
47.	I pledge to support the excellent ongoing work of the WY Violence reduction unit, The Children and families programme and the Improving Population Health Programme more broadly as we work to support groups and communities affected by violence and trauma through the implementation of the Integrated Community Framework. I pledge, where possible to empower affected individuals, groups and communities and advocate for them when they are unable to represent themselves.	Matt Greensmith	Public Health Speciality Registrar / position to go here

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48.	I pledge that I will continue to be a voice and an advocate for those who have experienced trauma. I will continue to educate others and provide a safe space for colleagues affected by trauma. I will continue to lead the Wakefield Youth Offending Team in becoming a trauma informed and responsive organisation.	Megan Watson	Specialist health practitioner Wakefield Youth Offending Team
49.	I pledge to listen to the needs of children and families in the development and management of innovative partner relationships in Leeds, where we are working across the partnership to prevent children and young people from experiencing trauma and to respond swiftly to those who need our support.	Michelle van Toop	Associate Director of Partner Relationship Management, NHS Leeds CCG
50.	Pledge to keep up to date with all training to ensure I can prevent adversity and trauma. I will endeavour to work towards identifying and acknowledging any trauma that can impact on a person's wellbeing. I will ensure I reduce inequalities that can be increased due to trauma	Patricia McDonald	Advanced Practitioner
51.	I pledge to work in collaboration with children and young people, their families and carers and my colleagues in all local services, thinking together about how we can all try to support children who are experiencing adversity or have experienced trauma. I also pledge to learn more about the intersection of trauma with structural inequity - linked to things such as race, culture and gender - and how we can better support the full diversity of people in Leeds.	Penny Netherwood	Consultant Clinical Psychologist
52.	I pledge to listen to the needs of children and families in the development and management of innovative partner relationships in Leeds, where we are working across the partnership to prevent children and young people from experiencing trauma and to respond swiftly to those who need our support	Rachel McCluskey	Head of Partner Relationships Management
53.	Kirklees is committed to reducing health inequalities across the life course and tackling the risk factors that contribute towards adversity and trauma. Now more than ever, we are focused on working at place level and working with communities to really understand how we can build upon local assets and enhance protective factors for resilience. I pledge to support the ambition for WY to be trauma informed and responsive by 2030, by sharing best practice and working in an integrated way to support those facing multiple disadvantages in the best way possible	Rachel Spencer-Henshall	Director of Public Health, Kirklees Council
54.	Embed this in my practice and spread the message	Rebecca Murdoch	
55.	Childhood adversity, especially sexual violence, in many ways mirrors a virus. It is hidden, toxic and in some cases deadly at first contact. However, for all the long impacts play out across a lifespan and impact society directly or indirectly also. Society needs to see beyond ACE numbers and hear the trauma stories which have shaped people. If we get that right, it will have as much impact as reversing climate change over the next 20 - 30 years and enhance our shared communities' futures profoundly.	Robert D Balfour	CEO/Founder Survivors West Yorkshire
56.	Together Women is proud to be a member of the Adversity, Trauma and Resilience Network, and to pledge our support for a trauma- informed and responsive system by 2030, with the aim of developing a whole system approach to tackling multiple disadvantage. Together Women works with women and girls with multiple and complex needs across the North of England. We pride ourselves on our person-centred approach, putting our customers at the heart of the support they receive and working to better empower women by providing them with the tools and confidence they need to lead healthier and happier lives. We have been doing this work for 14 years. We know that empowered women build and shape strong communities, and we see every day the role that trauma plays in suppressing their empowerment. We share the vision which underpins the ambition to prevent trauma, to make all services trauma-informed and to increase understanding about the impact of trauma on people's lives. It is at the heart of the work we do, making a difference to the lives of women and their families, and through them to all our communities.	Rokaiya Khan	CEO, Together Women
57.	I pledge to develop my knowledge and skills and ensure myself and those within my organisation, relate to our clients in a trauma informed way, changing our responses for better outcomes.	Ruth Kettle	CEO Inspire North
58.	I pledge to embed trauma informed approaches in my work, and to support the work of the WY Adversity Trauma and Resilience Programme through the work with the WY VRU and its partners.	Sarah Barwick	VRU Business Support Lead
59.	Public Health Bradford are to committed to working collaboratively alongside those with lived experience of trauma and colleagues from across all sectors to ensure Bradford is both trauma informed and responsive. Recognising the impact that traumatic events and Adverse Childhood Experiences, we pledge to listen and learn so that we can develop our multifaceted approach on the journey to becoming a trauma informed and responsive district. This includes: <ul style="list-style-type: none"> • A focus on early intervention and prevention, resilience and adversity. • ACE aware and trauma-informed Bradford workforce and community. • A workforce that is equipped to adequately support people who have been affected by ACEs. • Embed ACE awareness into relevant policies, strategies, and commissioning processes. • For all organisations to implement an approved model of restorative supervision to support the health and wellbeing of the workforce. • Sharing best practice, learning from each other and being better together. 	Sarah Muckle	Director of Public Health, Bradford Council
60.	I am committed to reducing inequalities that contribute to adversity, trauma and inequalities caused by adversity and trauma. Housing is a wider determinant of health. Having a safe, secure home is a key protective factor from adversity and trauma. I pledge to support the role out of trauma informed practice across the West Yorkshire Housing Providers. So that there is a whole system approach and assets are built with all partners to strengthen the protective factors for our populations health.	Sarah Roxby	Housing and Health Programme Lead / Service Director Wakefield District Housing
61.	I pledge to advocate and support the West Yorkshire and Harrogate Adversity, Trauma and Resilience Programme. <ul style="list-style-type: none"> • I will ensure Adversity, Trauma and Resilience is embedded across the Improving Population Health Programme. • I will make connections that will maximise impact and raise the profile of this work throughout the partnership. • I will support an evidence based, population health approach to this work that focusses on those in greatest need for those at risk of and affected by trauma and adversity. • I also will seek to better understand the impact COVID-19 has had on trauma and adversity across our population. 	Sarah Smith	Consultant in Public Health and Programme Director, Improving Population Health, West Yorkshire and Harrogate Health and Care Partnership

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62.	I pledge to keep developing my knowledge and implementing my skills into my everyday practise to ensure I deal with clients in a trauma informed way	Sharon Booth	Senior Support Worker Foundation Kirklees (KBOP)
63.	I will promote the REACH model at my organisation	Sophia Kelly	
64.	Engage together in kindness and compassion with myself and others for better mental health #WellbeingBatteries	Sue Francis	
65.	As a foster carer I understand the impact of trauma on children and young people. I am committed to working with colleagues in adult services e.g. mental health to have a trauma informed approach to working with parents. The behaviour of adults has a massive impact on children, their development and health and well-being. We need to ensure that colleagues working with adults ensure they are focused on the impact the adult behaviour is having on their children.	Sue Rumbold	Children and Families Programme Director
66.	I pledge to ensure I use the influence of my position to develop trauma informed services and pathways and commit to doing all I can to remove the stigma attached to personality disorder. I will work with other stakeholders (providers, service users and carers) to ensure that pathways are seamless and easy to navigate for those who need to use them.	Sue Sutcliffe	General Manager- community MH services
67.	I will look to ensure that in conversations about investment we always remember that the ultimate left-shift investment is to create a trauma free environment for our young people. Children that thrive become adults that thrive and often go on to live healthy and long lives.	Tim Ryley	CEO, NHS Leeds Clinical Commissioning Group
68.	Youth Offending/Justice Services operate in each of the five WY Local Authorities to provide the functions of the statutory Youth Offending Team (YOT) as set out in the Crime and Disorder Act 1998. Each YOT is made up of a multi-agency team featuring Local Authority, Police, Health and Probation team members working with other partners to provide a high-quality service to young people and communities whilst maintaining the levels of supervision, risk management and safeguarding which will protect the public and support young people to stop offending. The YOTs aim to be excellent, innovative, learning organisations which achieve the best outcomes for the children, young people, families, and carers they work with. Many of the children and young people in the youth justice system are amongst the most vulnerable in the area, experiencing multiple traumas, victimisation, and disadvantage. Many have learning or communication difficulties and a disproportionate number are care experienced. Working with partners the YOTs pledge to continue to adopt a trauma informed approach, to seek to reduce the impact of trauma, to challenge adversity and build resilience for the client group who have faced multiple difficulties, complex needs, adversity, and childhood trauma.	Chris Sweeting	WY Youth Offending Teams Pledge
69.	I pledge to advocate for a trauma informed early support system in Kirklees	Zoe Gatland	
70.	I work as a Designated Nurse for Safeguarding Children, Children Looked After and Care Leavers for Calderdale Clinical Commissioning Group. I pledge that in my capacity as Designated Nurse I will support the ambition to achieve a trauma informed and responsive system by 2030 by working in partnership with fellow colleagues to influence and make a difference.	Louise Fletcher	Designated Nurse for Safeguarding Children, Children Looked After and Care Leavers
71.	In my role as acting assistant director delivering on improving population health, I pledge to be the leader that will always ask the question of others - "is your approach trauma-informed?" Understanding the impact of trauma and adversity on children and adults simply means we are better able to apply solutions that are more likely to be successful and sustainable. I therefore pledge to listen actively and learn from our population with lived experience, because that is the way to ensure effective response to their unmet needs. I pledge to seek opportunities to raise awareness of adversity, trauma and resilience, in order to enable our integrated care partnership to build system wide resilience. Prevention is of course preferred as our first line of defence, and adequate mitigation is our next best disrupter on this agenda. I will apply a trauma informed perspective to my areas of responsibility and encourage my networks to do the same, on the wider determinants of health programmes that I engage with. This will facilitate systemic change leading to outcomes that mean we have a better health and social care system. We all have agency and a sphere of influence – let's do the right thing.	JOHN EBO	Acting Assistant Director Improving Population Health West Yorkshire & Harrogate Health Care Partnership
72.	I pledge to find opportunities through working collaboratively across the region to reduce risk factors for adversity and trauma and increase protective factors for children and young people aiming to give children the best start in life. and consider trauma informed care principles in my approach to supporting physical and mental health and wellbeing for children and young people.	Jo Adams	Health and Wellbeing Programme Manager, Children and Young People, PHE
73.	My Pledge as Director of Public Health is to ensure that Wakefield's public health team includes data related to trauma and resilience in the JSNA and other relevant documents. Ensures that our commissioned services deliver trauma informed practice. Works to integrate services around children and families, listen to their stories and treat them with compassion and care	Anna Hartley	DPH Wakefield
74.	I work for Bradford Council. My pledge is that our social care colleagues, such as social workers, foster carers and residential workers, will be supported to learn how to respond to children and adults who have experienced trauma as a result of Adverse Childhood Experiences. We have recently launched our new Practice Model and this is underpinned by the need for us all to be trauma informed. This is also linked to our Placement Sufficiency Strategy which identifies that responding to trauma effectively is key to placement stability and improved outcomes. We will also be focussing on prevention and early intervention with the aim of helping families to build resilience and to reduce adversity at the earliest possible opportunity. Bradford has 214 schools and together with our education teams they support children with additional needs, to improve attendance, attainment and reduce exclusion. Understanding the impact that adverse childhood experiences can have on our children and on their parents or carers will be a key aspect of this support and building understanding in our school communities.	Mark Douglas	Strategic Director Children's Services, Bradford MDC
75.	I pledge to continue to build my own knowledge and understanding of adversity, trauma and resilience and the impact it has on our communities in West Yorkshire. This will enable me to work better with partners so that we can become a trauma informed system. Using my role at the Violence Reduction Unit I will help design interventions that provide early identification of those in need and offer the best support to the people who access them.	Kelly Laycock	Senior Programme Delivery Manager West Yorkshire Violence Reduction Unit
76.	I have worked with people who have experienced trauma in their lives for over 30 years and pledge to continue to do so going forward. Our aim as a Core team is to continually look at ways we can improve on the service we offer including supporting staff as they work in challenging situations and to service users to help them move forward in a positive way.	Suzanne Wilson	Team Manager Core Team East SWYPFT

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77. I pledge to ensure that adversity, trauma and resilience are embedded within the curriculum for all trainee mental health nurses at the University of Bradford. I make this pledge to ensure that the University of Bradford equips our students with the knowledge and skills required to contribute to a trauma responsive workforce in West Yorkshire and beyond.	Natalie Finch	University of Bradford
78. We pledge to work together with families and colleagues to provide a trauma-informed, multidisciplinary service that takes a holistic approach to understanding the health, education and social care needs of children and families. We recognise the impact of trauma for the children and families we work with and seek to acknowledge and respond to this in our work. Our timely, child-centred, high quality and responsive support will be available from day one throughout childhood into adulthood. We will work alongside our families to ensure parents have confidence and resilience to support their children to lead more fulfilling lives. We know we've got it right when families tell us that our services have given them the support they needed and that the quality of life of their family and children has improved.	One Adoption West Yorkshire	
79. My pledge is to make a 'trauma informed approach' a foundational cornerstone of any work I am involved in. In everything I do, I will ask the test question 'what does a trauma informed approach look like?' In practice, this means exploring across West Yorkshire & Harrogate what this looks like for: <ul style="list-style-type: none"> • Establishing a Healthy Weight, Obesity & Nutrition workstream • Existing work from our Children, Young People & Families Long Term Conditions workstream • Every discussion at Children, Young People & Families Programme Board and Lead Commissioners Group 	Arfan Hussain	Children, Young People and Families Programme Support Manager
80. Kirklees College recognises that lived traumatic, and adverse childhood, experiences affect our students in many different ways and can cause serious impediments to engagement with education and future success and progression. Kirklees College is committed to working together with external partners as we establish ourselves as a Trauma Aware organisation, so that we can reduce harm caused by trauma and adversity and enhance the life chances of our young people. In this pledge Kirklees College will take appropriate and meaningful action to identify and address inequalities caused by traumatic lived experience and ensure that our students are fully supported throughout their time as members of the Kirklees College community	Polly Harrow	Assistant Principal Student Experience Kirklees College
81. At KBOP we believe that every individual has the ability, potential, and personal strengths to achieve anything they want to. We strive to change the system and not the person, breaking down barriers and collaborating with partners, services and communities to overcome the challenges that prevent someone from achieving their ambitions. We pledge to support ATR by working alongside people to access or sustain a safe and settled home, build financial security, enable positive relationships, and realise or achieve their individual ambitions. We will do this by: <ul style="list-style-type: none"> • Creating more personalised services focused on improving people's lives. • Enabling delivery teams to continuously innovate and improve their service. • Investing in more in the professionals delivering the services • Using data and technology to create efficiency and innovation continuously. • Co-creating services with end-users, front-line staff and experts. • Coordinating with other services to create wider systems change. • Agreeing clearly defined metrics, and report transparently against them • Ensuring participants' voices are heard when evaluating the service. • Investing in high quality learning, and sharing that learning widely 	Sarah Cooke	Director – Kirklees Better Outcomes Partnership (KBOP)
82. "I am extremely supportive of the work of the network, which corresponds closely with my own pledges as Mayor, particularly in terms of safety for women and girls. "It is incredibly important that we look towards community solutions to the issues that exist, ensuring safe and stable environments, whilst encouraging positive relationships. "With the right support and through early intervention, we can help to reduce the inequalities, which often contribute to the negative experiences of adversity and trauma. "I promise to put these issues at the heart of my policing plan, leading to the development of a comprehensive partnership strategy."	Tracy Brabin	Mayor of West Yorkshire
83. This is my pledge - To include and promote trauma informed practice and resilience within the services that I commission.	Alison Andrews	Public Health Partnerships Commissioning Manager - Wakefield
84. My Pledge is to work across the system of children's health and wellbeing commissioners and providers in Wakefield to promote trauma informed practice and resilience. And, to design and deliver pathways that sit within the Wakefield Families Together model so that the needs of children, young people and families are met at the earliest opportunity and prevent needs from escalating. Within this model of support there is an aspiration that all services promote resilience and are underpinned by an understanding of the impact of trauma and the best ways to respond.	Jenny Lingrell	Service Director, Children's Health & Wellbeing - Wakefield
85. To promote the Adversity, Trauma and Resilience agenda with practitioners and colleagues, Continue to work with and offer training and resources to both Statutory and VCS organisations across Wakefield around Resilience. To emphasise more around trauma informed approaches and being trauma responsive, including how increasing resilience can support children and young people who have /are experiencing trauma and adversity.	Denise Wheatman	Health Improvement Specialist Public Health, Wakefield Council
86. My Pledge is to ensure that we continue to tackle domestic abuse in the Wakefield district by supporting survivors of abuse through offering effective support, advice and guidance so they can live free from domestic abuse. We will work with survivors of domestic abuse in way in which acknowledges the trauma they may have suffered whilst building on their strength and resilience in order to improve their safety and well-being.	Jennifer Smith	Wakefield Domestic Abuse Team
87. My Pledge is to ensure we promote Trauma informed practice and Resilience within our commissioned services and across our wider strategic partners.	Jez Mitchell	Public Health Principal Wakefield Council

Pledge		Name	Position/Organisation
88.	To support and ensure organisations who work with children and families are equipped with the knowledge, understanding and resources in relation to the impact adversity and trauma can have on a child, in order for assessment and planning to reflect this need so intervention can support developing resilience.	Jonathan Giordano	Wakefield Safeguarding Children Partnership Manager
89.	I pledge to ensure that all of our visitors and callers and staff and volunteers are truly and absolutely heard. That they continue to drive and shape our trauma informed service offer from their personal and lived experiences. That we continue to amplify their voices and experiences to achieve true, meaningful and lasting change	Emma Holmes	CEO Leeds Survivor Led Crisis Service
90.	As the CEO of a mental health and learning disability Trust and the Executive lead for mental health, learning disability and autism I have sadly seen the devastating effects of adversity and trauma on people's lives, especially on their mental health. We can do more to reduce adversity and trauma and to ensure we have the best services available to provide support and treatment. This is why I am making this pledge to support and champion the work West Yorkshire because WY is taking action. This can only be achieved by all agencies in health, care, education, police and beyond working together; to provide trauma informed services and putting the young person at the heart of our decision making. This is about long term change and requires long term commitment and action.	Dr Sara Munro	CEO Leeds and York Partnership NHS Foundation Trust and SRO for Mental Health Learning Disability and Autism for West Yorkshire ICS
91.	I pledge that Trauma and adversity will be a key focus within the health and wellbeing strategic priority of the Wakefield Youth Justice Plan that promotes a Child First approach	Eamonn Mohans	Service Manager Wakefield Youth Offending Team
92.	I fully support the development of a trauma informed approach across Wakefield Youth Justice Services. I will pledge to support my team to achieve this aim. As part of an overall focus to promote positive health and wellbeing, where all our work has the child at the center of everything that we do, development of a trauma informed approach is now a priority in the Wakefield 2021 – 2024 Youth Justice Plan.	Martin Honor	Youth Justice and Targeted Interventions Team Manager
93.	As a programme, we pledge to challenge inequalities, building the resilience of those individuals and population groups who have experienced trauma and adversity, through working with our partners in the voluntary, community and social enterprise (VCSE) sector across West Yorkshire and Harrogate. We will work to increase investment in prevention and in tackling the wider determinants of health - especially at grass roots level through working with communities and the organisations that represent them.	Harnessing the Power of Communities (HPoC) Programme	
94.	'I pledge to support our providers of mental health, autism and learning disability services in West Yorkshire to play their part in preventing the need for young people to need formal mental health support, by working closely with local authority, education and community partners. And at the same time ensuring that when young people do need formal support from our services they receive care that seeks to understand the trauma they have experienced, is sensitive to this and responds with the right care, in the right way, at the right time'	Keir Shillaker	Programme Director; Mental Health, Learning Disability & Autism
95.	I pledge to help to <ul style="list-style-type: none"> - Reduce trauma, adversity, build resilience for the population across the West Yorkshire System, in particular people those we care for with multimorbidity's - Reduce multiple disadvantages, repeat demand on services and provide accessible services to better support and improve outcomes for people experiencing Multiple and Complex Needs. - Support local and regional approaches to future commissioning of appropriate, effective and integrated multiple needs services and seek out every opportunity to tackle silo working - Provide access to integrated care and support from a range of professionals including those with lived experience across health, education, social care, youth justice, the police and the voluntary sector to ensure that their needs are met in a co-ordinated way. - Respond to the increasing need of our population in relation to adversity, trauma and multiple disadvantages including the impact of COVID 19 - Influence a change in commissioning across the system (more integrated commissioning across health and social care) - Support education and training in inclusion health and wellbeing, share learning and accelerate a replicate good practice across the system. 	Dr Linda Harris	Chief Executive Spectrum Community Health CIC
96.	Over 6 years West Yorkshire Finding Independence (WY-FI) has supported 823 adults across West Yorkshire who experienced multiple disadvantage: Homelessness, Addiction, Reoffending behaviour and mental ill-health. Evaluation and learning shows that positive outcomes are maximised and achieved with: A person-centred and asset-based approach Trauma, psychological and gender-informed approaches Trusting relationships with a Multiple Needs Navigator or Peer Mentor who co-ordinate multi-agency support with no time limit A range of services and interventions to meet individual need which are influenced and informed by the voice of lived experience We also know that this multi-agency, person-centred support needs to be co-ordinated around a person earlier in their journey with services understanding the extra support needed in the transition from child to adult services. We, therefore, pledge to continue to share WY-FI's learning through the West Yorkshire Multiple Needs Consortium and the Adversity Trauma & Resilience Network. We also pledge to promote and work to support the ambitions of the Adversity, Trauma and Resilience (ATR) Programme to prevent and/or provide effective support to people at place so as to overcome any life-course adversity and trauma.	Sue Northcott- Programme Manager Mark Crowe-Research & Evaluation Roger Abbott- Workforce Development	WYFI
97.	"If a life is worth saving, it has to be worth living". With modern emergency services and healthcare, many people survive brain injuries. But that must be the beginning of a recovery, and not the end of saving a life. We believe that everyone has the right to an acceptable quality of life and that disability should not be a barrier to obtaining the skills, knowledge and understanding required to achieve a better quality of life. We provide the support, therapy and rehabilitation together with a social environment, to enable people with brain injuries, their families and carers, to live the best life possible. Our pledge is to be part of the Adversity, Trauma and Resilience plan; to pursue those aims as effectively as we can, with all the resource we can muster, to improve lives wherever we can with absolute equality.	Pete Taylor/Sharlene Featherson Business Manager / Clinical Lead	Second Chance Headway
98.	I pledge that I will support the reduction of health inequalities throughout the life course, recognising that people who have experienced trauma and adversity will face additional barriers to access to healthcare and face additional barriers from the wider social determinants of health and poverty. I will support systemic change to increase health and well-being opportunities and ensure that service user and Third Sector co-production is employed wherever possible to redress power imbalances and improve outcomes sustainably and for all.	Kerry Murphy, Public Health Manager for Health inequalities and Poverty	Wakefield Council

Pledge		Name	Position/Organisation
99.	This is my pledge – learning from each other I pledge to ensure that all that we do as we develop this programme will be informed by the best and latest research and practice. We will learn from others, including from children, young people and parents I pledge that the voice of the child is heard clearly in all of our work	Andy Lloyd Head of Workforce Development and Change	Leeds Council
100.	I pledge to ensure that our partnership with the West Yorkshire Violence Reduction Unit creates a trauma informed system in West Yorkshire, and will advocate for this work and this outcome as the leader of the ICS.	Rob Webster	Chief Exec WYH HCP
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