

If you are experiencing a mental health crisis, you can find help from our 24/7 crisis support lines:



**West Yorkshire  
Health and Care Partnership**

**For urgent help in a mental  
health crisis, call your local  
24 hr helpline:**

- Leeds 0800 183 1485
- Bradford 0800 952 1181
- Calderdale, Kirklees and Wakefield 0800 183 0558