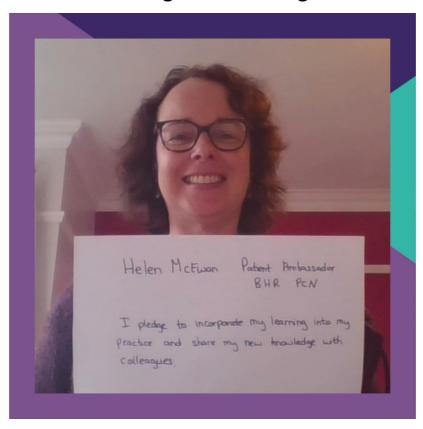
## **Adversity, Trauma and Resilience**

## This is my pledge

I pledge to incorporate my learning into my practice and share my new knowledge with colleagues



## Helen McEwan, Patient Ambassador, BHR PCN

Pledge made at West Yorkshire & Harrogate, Adversity, Trauma and Resilience Knowledge Exchange

March 22<sup>nd</sup> – 24<sup>th</sup> 2021

