



Adversity, Trauma and Resilience

This is my pledge – keep learning and working with others!



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I pledge to continue to build my own knowledge and understanding of adversity, trauma and resilience and the impact it has on our communities in West Yorkshire. This will enable me to work better with partners so that we can become a trauma informed system.

Using my role at the Violence Reduction Unit I will help design interventions that provide early identification of those in need and offer the best support to the people who access them.

