



# Adversity, Trauma and Resilience

I pledge that I will support the reduction of health inequalities throughout the life course, recognising that people who have experienced trauma and adversity will face additional barriers to access to healthcare and face additional barriers from the wider social determinants of health and poverty.

I will support systemic change to increase health and well-being opportunities and ensure that service user and Third Sector co-production is employed wherever possible to redress power imbalances and improve outcomes sustainably and for all.

**Kerry Murphy**

Public Health Manager for  
Health inequalities and Poverty

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