



# Adversity, Trauma and Resilience

This is my pledge - keep up to date with all training to ensure I can prevent adversity and trauma



Pledge to keep up to date with all training to ensure I can prevent adversity and trauma.

I will endeavour to work towards identifying and acknowledging any trauma that can impact on a person's wellbeing.

I will ensure I reduce inequalities that can be increased due to trauma

**Patricia McDonald**

**Advanced Practitioner**

*08/06/21*

