



# Adversity, Trauma and Resilience

**This is my pledge-** To work in an integrated way to support those facing multiple disadvantages in the best way possible



Kirklees is committed to reducing health inequalities across the life course and tackling the risk factors that contribute towards adversity and trauma. Now more than ever, we are focused on working at place level and working with communities to really understand how we can build upon local assets and enhance protective factors for resilience. I pledge to support the ambition for WY to be trauma informed and responsive by 2030, by sharing best practice and working in an integrated way to support those facing multiple disadvantages in the best way possible

**Rachel Spencer-Henshall**

Director of Public Health,  
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