## **Adversity, Trauma and Resilience**

## This is my pledge:



Sarah Smith

Consultant in Public Health and Programme Director, Improving Population Health, West Yorkshire and Harrogate Health and Care Partnership

I pledge to advocate and support the West Yorkshire and Harrogate Adversity, Trauma and Resilience Programme.

I will ensure Adversity, Trauma and Resilience is embedded across the Improving Population Health Programme.

I will make connections that will maximise impact and raise the profile of this work throughout the partnership.

I will support an evidence based, population health approach to this work that focusses on those in greatest need for those at risk of and affected by trauma and adversity.

I also will seek to better understand the impact COVID-19 has had on trauma and adversity across our population.

June 2021

