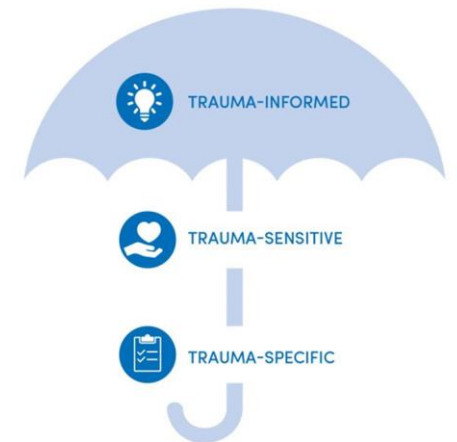


Welcome To Trauma Informed Care



Trauma Awareness e-learning for all.

Becoming a Trauma Informed Organisation



Learning, evolving and engaging together in kindness and compassion. Visit the Trauma Informed Care SharePoint Page for more information

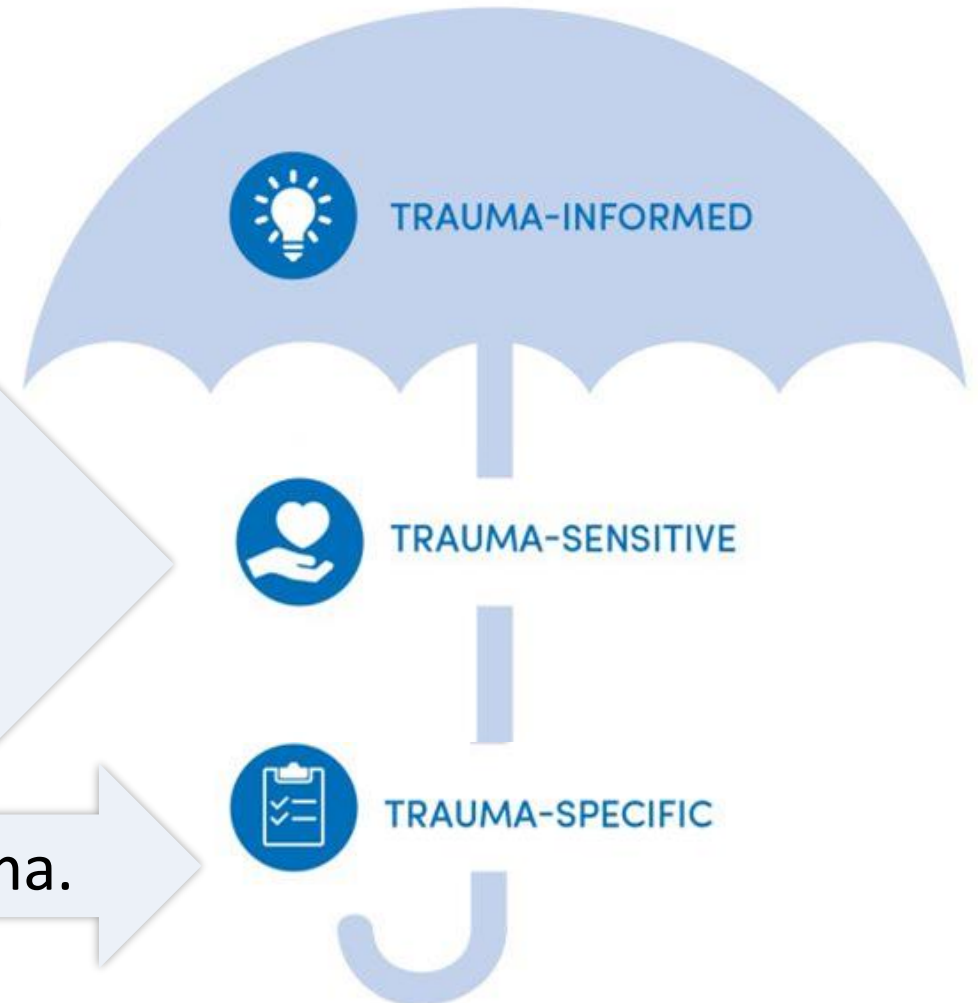
Trauma Informed Organisation

3 Levels Framework

- Providing service wide Trauma awareness
- Safety for all.

- Sensitive responses avoiding re-traumatisation.
- Addressing toxic stress and vicarious trauma.

- Interventions to treat and help heal from trauma.



Trauma Informed E-learning

ACEs, Trauma and Resilience Awareness E-learning

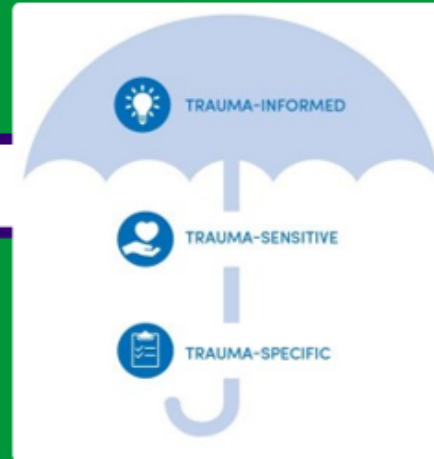
Trauma Informed Care is everybody's business



Access your e-learning on ESR



Aiming for 100% completion by 2022



Mandatory training

Learning, evolving, engaging together in kindness and compassion.



Service wide
Trauma awareness,
promoting safety
for all.

Key Organisational Trauma Informed Messaging

Trauma is an event, a series of events, or a set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening, that overwhelms a person's ability to cope and has lasting effects of mental physical, social, emotional or spiritual well-being"

(SAMSHA, 2014, p.7)



For more information about what TIC is, watch [Opening Doors: Trauma Informed Practice for the Workforce on Vimeo](#)

E-learning themes

- Behaviour as communication
- Impact on staff – vicarious trauma
- Reflecting on own experiences of safety
- Physical and mental impact of early adversity
- Kaiser Pimente research and local ACEs picture
- Trauma Informed principles and avoiding retraumatisation
- The impact of adversity on accessing services
- Levels of trauma informed care (umbrella)
- How resilience can weaken impact of adversity.
- Resilience documentary



How relevant is adversity to our population?

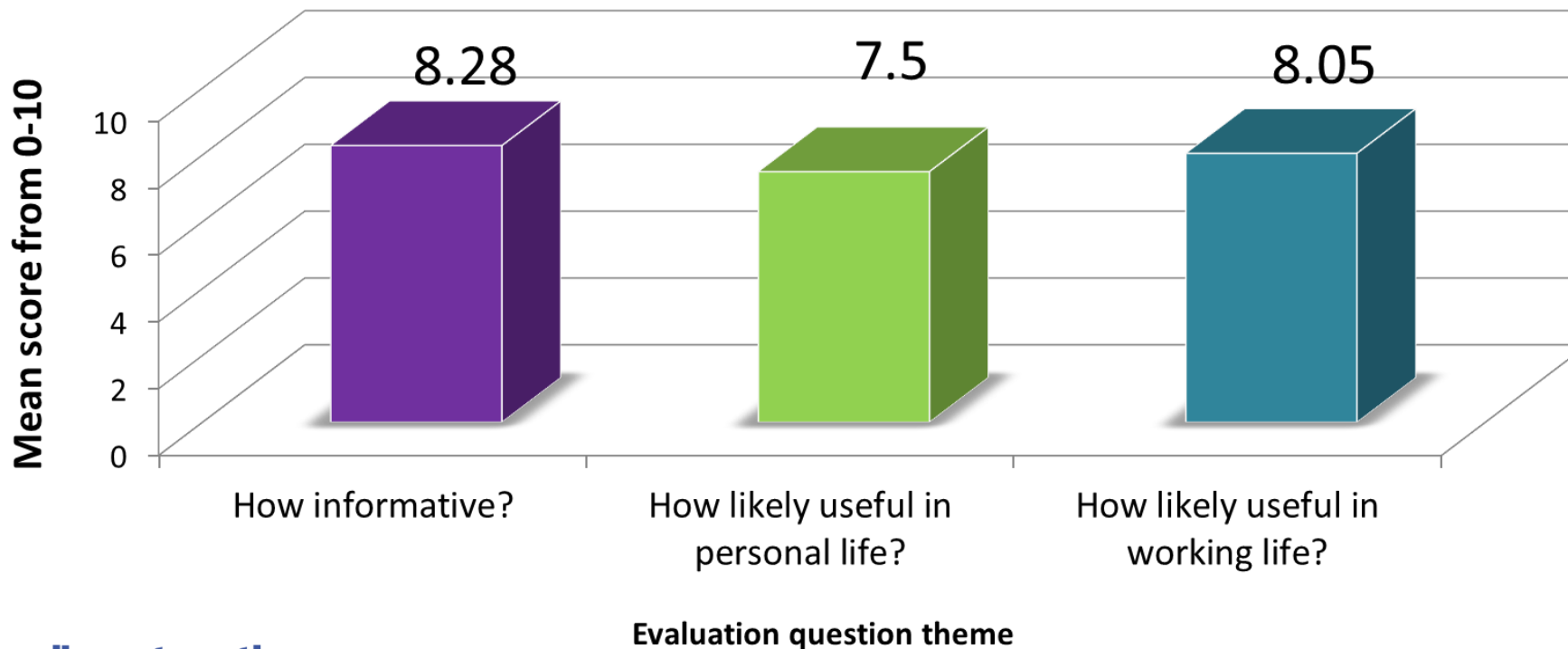


Source: Public Health Intelligence in Joint Strategic Needs Assessment: The Population of Bradford District

- 4th highest proportion of under 16s in England.
- 153 languages spoken by children in the district.
- More than one in three children live in poverty
- Highest crime rate in West Yorkshire (2019)
- Higher physical, emotional and sexual abuse of children than the rest of Yorkshire and England.
- 10,000 reports of DV to the police (2009-2010)
- 54% of serious sexual assaults committed by a woman's current or former partner

E-learning benefits

Average 0-10 score from evaluation questions where
0 = not informative/useful at all and 10 =extremely informative/useful
(1,842 responses)



72% of all BDCFT staff completed the e-learning in the first 6 months = 2016 people!

Refined on basis of feedback (quantitative and qualitative)

Additional comments

“I have learnt a lot from this course which will positively impact my practice and personal life.”

“I feel I learned a lot about Bradford as a city and this package helped me to realise what contributes to people's physical and mental health.”

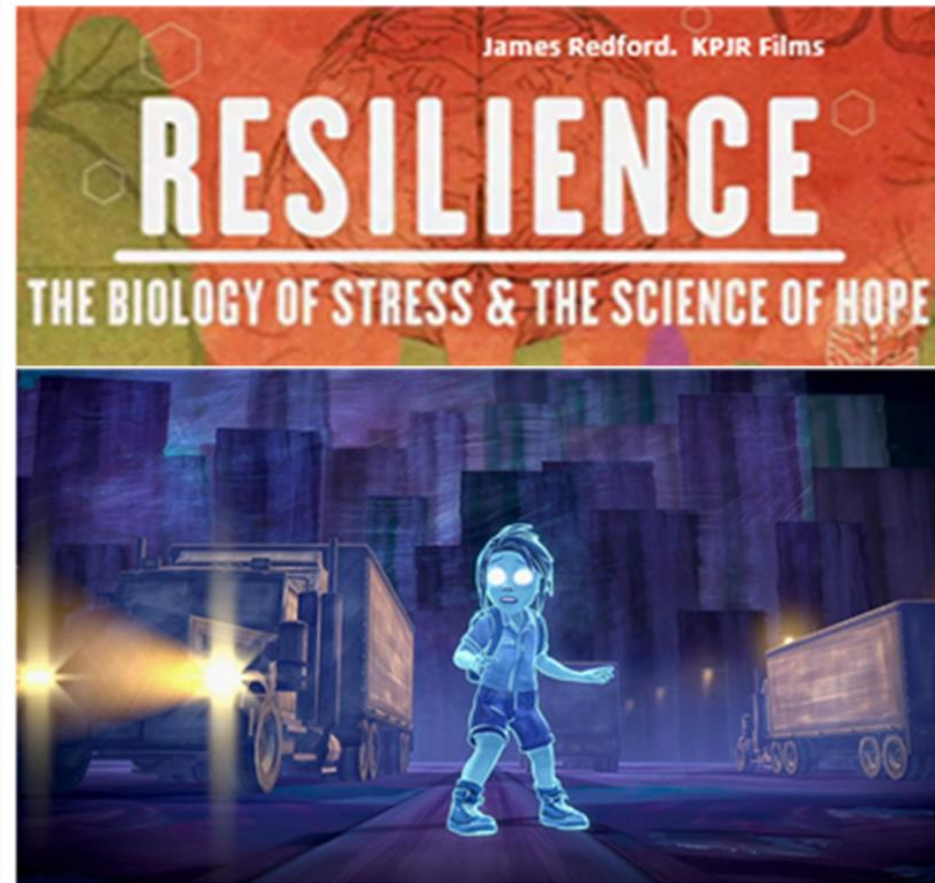
“I was aware of ACE's but didn't understand the actual lifelong impact for some people..”

“very helpful to make links and think about colleagues and family's behaviour, needs more time to support families.”

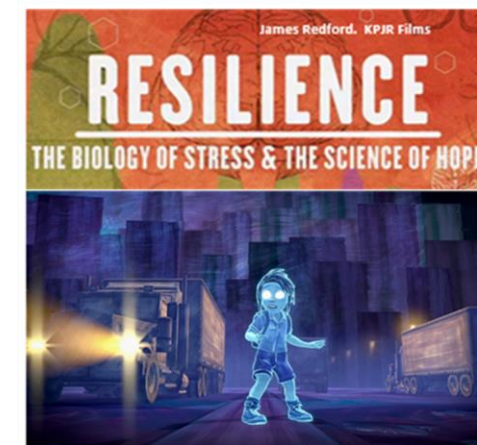
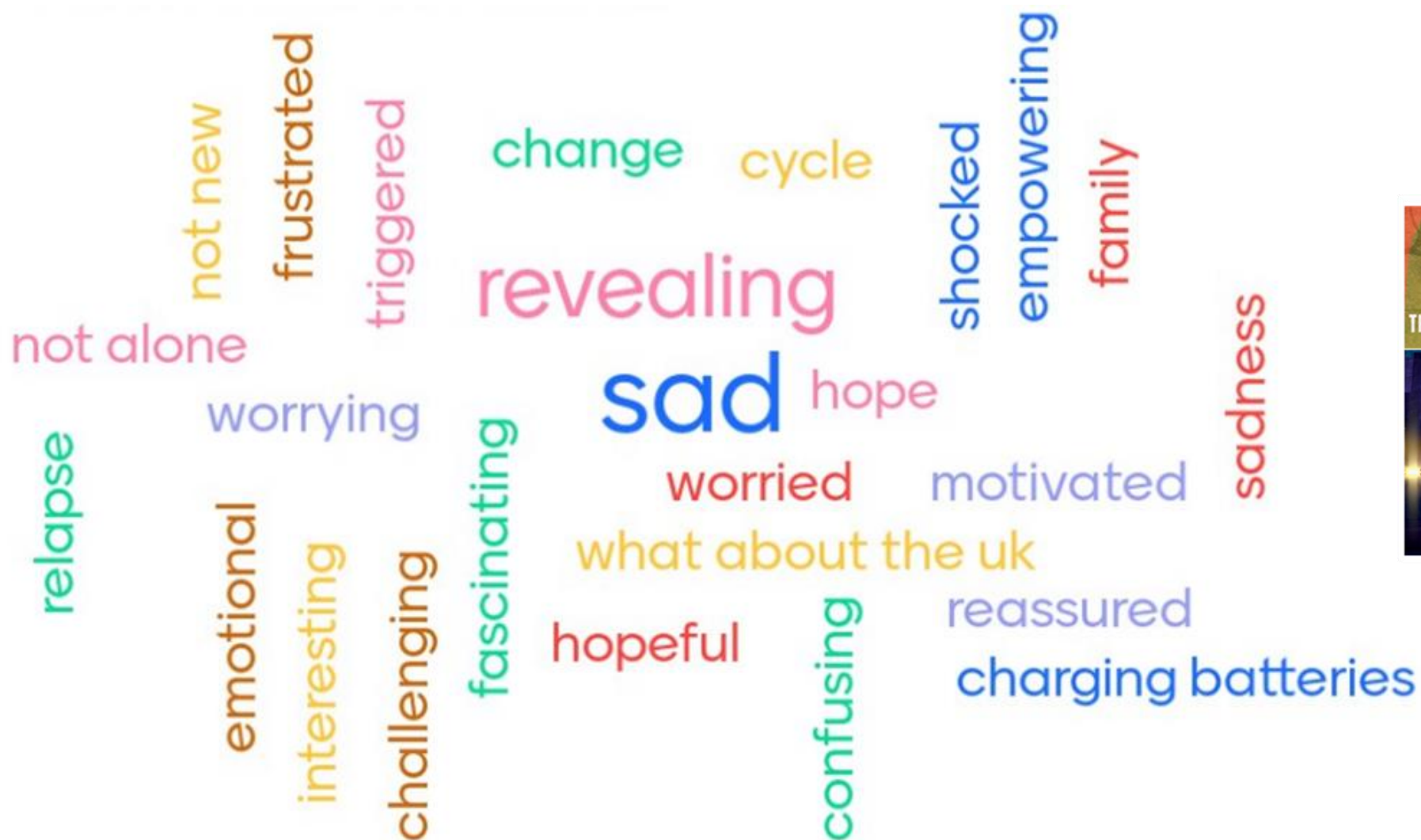


Resilience documentary screenings

- 12 screenings targeted at all levels
- Mentimeter Evaluation
- Follow-up reflection



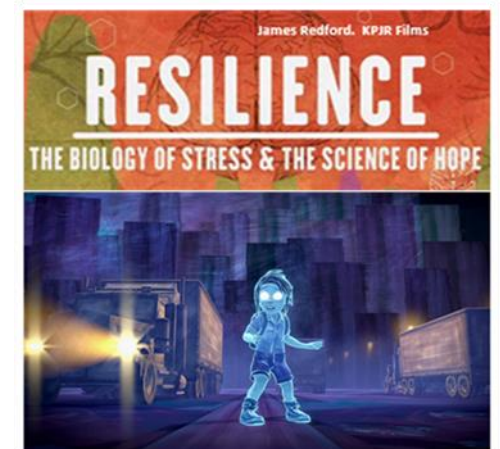
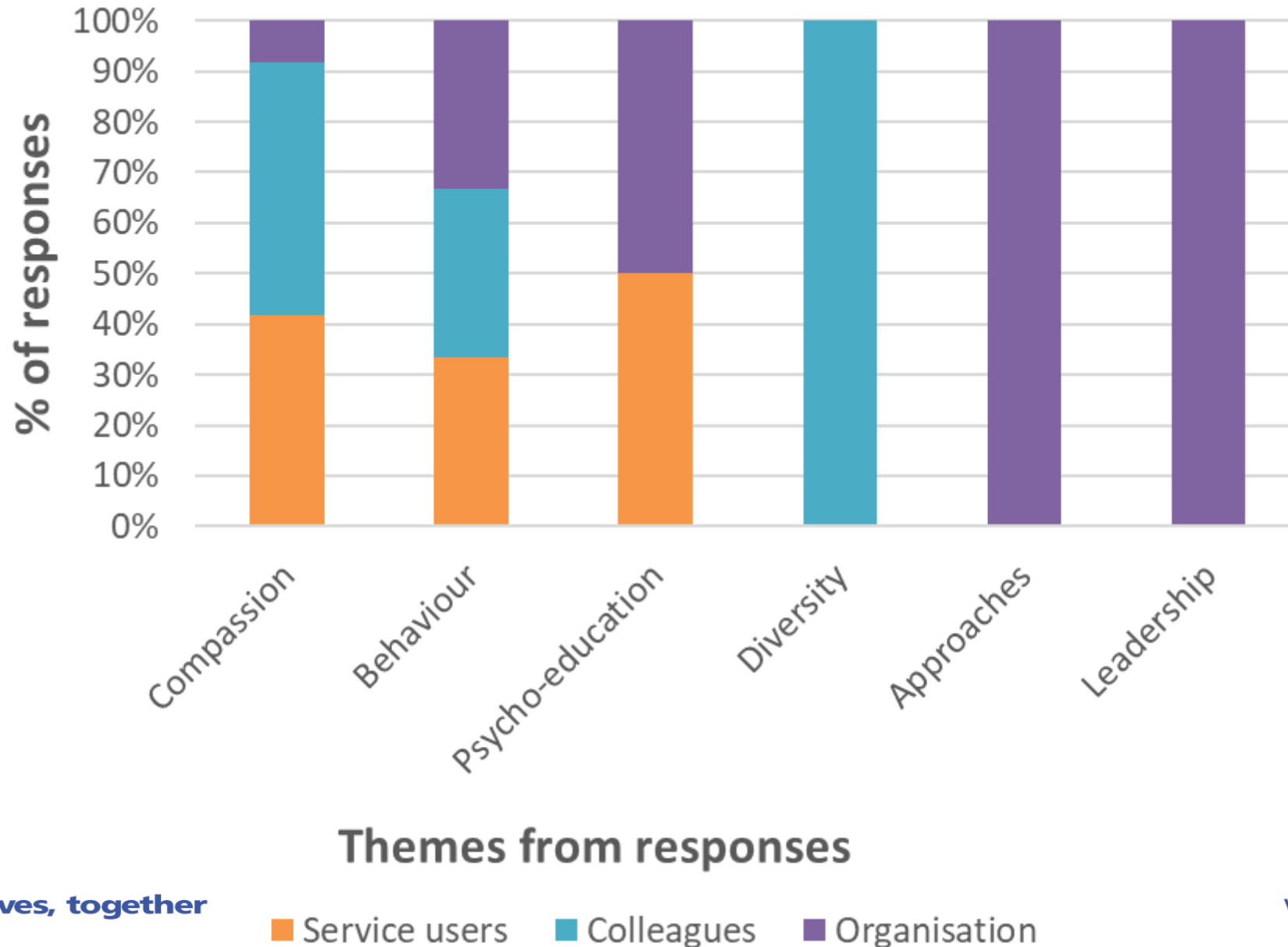
What word describes your reaction to watching the Resilience documentary?



How learning from the Resilience Documentary be applied?



Bradford District Care
NHS Foundation Trust



Next Steps



- Embedding benchmarking into Teams
- Trauma Informed Workforce Development Strategy
- ‘Engaging Together in Trauma Informed Care training (May 2022).
- Restorative Supervision Programme
- Trauma Informed CMS Transformation
- Suite of internal and external resources on SharePoint page
- Continued engagement with TI activity at:
 - ❖ Place (Bradford ACEs strategy)
 - ❖ System ([Adversity, Trauma and Resilience :: West Yorkshire Health & Care Partnership \(wypartnership.co.uk\)](https://www.wypartnership.co.uk))





- SAFETY
- TRUST
- PEER SUPPORT
- COLLABORATE
- VOICE & CHOICE
- CULTURE



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