



Adversity, Trauma and Resilience

WY-FI: Sustaining What Works



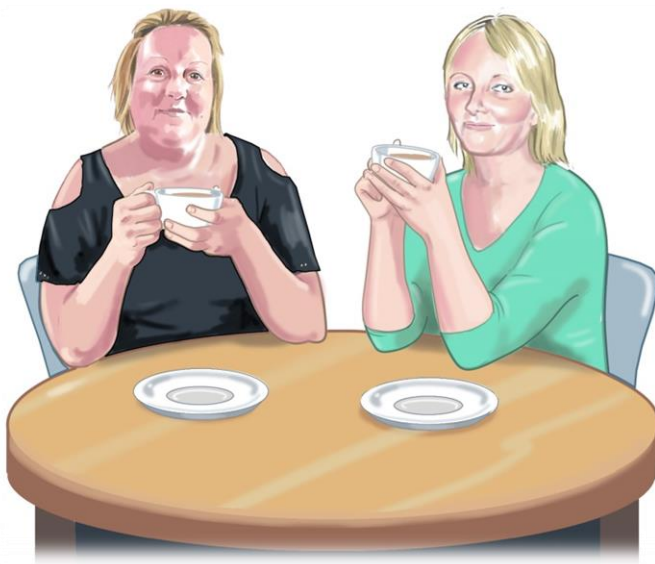
West Yorkshire - Finding Independence
Delivering Fulfilling Lives:
Supporting People with Multiple Needs Programme

Over 6 years West Yorkshire Finding Independence (WY-FI) has supported 823 adults across West Yorkshire who experienced multiple disadvantage: Homelessness, Addiction, Reoffending behaviour and mental ill-health. Evaluation and learning shows that positive outcomes are maximised and achieved with:

- A person-centred and asset-based approach
- Trauma, psychological and gender-informed approaches
- Trusting relationships with a Multiple Needs Navigator or Peer Mentor who co-ordinate multi-agency support with no time limit
- A range of services and interventions to meet individual need which are influenced and informed by the voice of lived experience

We also know that this multi-agency, person-centred support needs to be co-ordinated around a person earlier in their journey with services understanding the extra support needed in the transition from child to adult services.

We, therefore, pledge to continue to share WY-FI's learning through the West Yorkshire Multiple Needs Consortium and the Adversity Trauma & Resilience Network. We also pledge to promote and work to support the ambitions of the Adversity, Trauma and Resilience (ATR) Programme to prevent and/or provide effective support to people at place so as to overcome any life-course adversity and trauma.



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