

Who is in the family- including ages of children?

- Mother
- Father
- Child-17yrs Female
- Child-15yrs Female
- Child-16yrs Female

What Troubled Families criteria did this family meet- how were these picked up?

- **NI 3: Children who need help** – Evidence in referral details and Early Help Assessment document
- **NI 5: Families affected by violence against women and girls/men and boys** – Evidence in referral and Early Help Assessment
- **NI 6: Parents and children with a range of health problems** - Evidence in referral and Early Help Assessment

Summary of reasons for referral and issues present in the family?

- Child (17yrs) has spoken to her tutor at college about her dad, shouting and threatening her and her siblings. She has shown a video to her tutor which clearly shows her dad shouting aggressively to her sibling and threatening to hit her and her siblings.
- Parents report that they find the children's behaviour very challenging. Parents describe that they are struggling to discipline the children as they are scared that they will 'kick off' and damage the house if they sanction bad behaviour.
- Parents are worried child (17yrs) is in a relationship with her 25 year old cousin; they worry that this relationship will affect her education
- Child (15yrs) has previously required support from CAMHS and parents note that she is currently struggling with her emotional wellbeing

What interventions took place?

- Early help Assessment and plan completed stored on care director under forms to explore needs of whole family and identify risks and develop a safety plan
- 1:1 work completed with both parents to identify communication issues, reinforcing behaviour management and parenting strategies within the family home
- 1:1 work with all three children completed to identify issues and signpost to appropriate ongoing support
- Liaison with school & college regarding all three children and pastoral support identified in both schools (15yrs and 16yrs) and in college (17yrs). Online counselling support (KOOH) identified for all three children and school identified specific space for children to access computers
- Completed BEAM (Boxing, Exercise and Anger Management) Screening Tool with child (16yrs) and referred to BEAM for Anger Management support

- Child (17yrs) has support in college from her tutor and is happy with this support
- Mother to speak about concerns and engage with early help worker
- Dad, to be made aware of the concerns raised and engage with early help worker to address these

- Support to children to identify family and friends that they can also go to for support as part of a wider support network

What outcomes were achieved against the TF criteria and wider outcomes?

(All evidence for outcomes below evidenced in closing summary)

- **NI 3: Children who need help:**

- Early Help Assessment and safety plan completed to identify unmet need for the whole family and ensure that all those involved had a voice.
- Child (17yrs) stated that she did not feel that her dad would ever physically hurt her or her sisters. She also stated that she was pleased that her siblings and Mum were accessing support, but did not feel she required additional support from early help as she could access pastoral support at college. On discussion it was determined that her 25yr old cousin lives 200 miles away, they have phone & email contact only so it is unlikely that a relationship will develop and therefore risks reduced.
- Child (16yrs) accessed minimal support from early help, but was pleased to be signposted to KOOTH (counselling) and BEAM (anger management) enabling her to have access to support services in the future if she felt she needed it.
- Child (15yrs) accessed 1:1 support from early help worker to identify her worries and feelings (Signs of Safety - 3 Houses) work completed & a safety plan developed, including access to KOOTH at home and in school & identified pastoral support in school
- Family feel positive that they have been able to explore their feelings and emotions. Resulting in things improving at home and overall relationships improving with mum and dad.

- **NI 5: Families affected by violence against women and girls/men and boys:**

- There have been no further domestic abuse incidences reported by children or parents and no referrals made into services, evidencing that risks associated with children witnessing or being potential victims of domestic abuse have been reduced.
- Behaviour management work completed as part of one to one parenting sessions and mum and dad have preciously completed the Therapeutic Crisis Intervention Training (TCI) course and found this extremely useful (evidence in early help assessment)
- Home environment reported to be much calmer by the all children

- **NI 6: Parents and children with a range of health problems:**

- One to one parenting work completed with mum and dad around parenting strategies which enabled them to effectively manage the children's behaviour within the household. This resulted in no further referrals into children and young people services 6 month period evidencing that work completed had a positive impact on the whole family.
- All three children accessed pastoral support within school/college which gave them a safe space and someone to talk, this will continue after early help closure ensuring ongoing support.
- Child (15yrs) self- harm incidences reduced and anxieties lowered due to multi-agency support. KOOTH (online counselling)
- Child (16yrs) referred to BEAM (boxing, exercise and anger management sessions) and accessed Prince of Wales Award Residential training during school holidays which enabled child (16yrs) to meet with peers experiencing similar issues and access support around how to self-manage behaviour having a positive impact on the whole family.

- Feelings of anxiety has reduced for both child (15yrs) and her Mum and child felt she did not require a re-referral to CAMHS at point of closure
- 17yr old is starting University in September when she will move out of the family home, she is greatly looking forward to becoming more independent & parents feel this will have a positive impact on the whole family as most arguments/disagreements are fuelled by the elder siblings.