



Wakefield

Kooth F2F Quarter 4
2020/2021 Report

CONFIDENTIAL

Category

Page Number. Title

Summary

- 3. Summary and Insight
- 4. Quarter Summary

New Referrals

- 5. Demographics 1
- 6. Demographics 2

Waiting List

- 7. YP and Time

Active Cases

- 8. YP and Sessions
- 9. Presenting Issues
- 10. Goals

Closed Cases

- 11. YP and Sessions
- 12. Core Scores and Feedback
- 13. Feedback Comments

Signposting and Referrals

- 14. Signposting and Referrals

Quarter Summary

New Referrals

Total



46

Gender

F

M

Other



31

14

1

BME

13%

Age

Age New Referrals

Age	New Referrals
12	2
13	8
14	12
15	9
16	10
17	5

Heard From (Top 3)

1	School	63%
2	CAMHS	35%
3	Youth Service	2%

YP Status

Active Cases

YP who have not 'ended' and have been offered at least one session

44

Waiting Cases

YP who have not 'ended' and are waiting to be offered a session

18

Closed Cases

YP that have ended counselling within the quarter

30

Assessment

Assessments Offered

Number of YP that have been offered a first session within the quarter

44

Assessments Attended

Number of YP that attended assessment within the quarter

42

Sessions Offered After Assessment Attended

Number of YP that have attended their assessment and were offered sessions in the quarter

42

Sessions

Sessions

Sessions

Number of YP

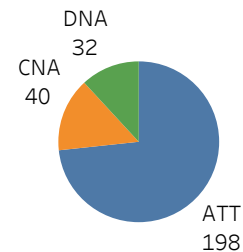


270



72

Session Status



ATT
CNA
DNA

ATT = Attended
CNA = Could Not Attend
DNA = Did Not Attend

Outcomes

Average Core Score

Improvement

YP-CORE records 'distance travelled' in self-reported levels of wellbeing. This is only for YP who ended counselling in the quarter. 5 points or more improvement is a reliable change. 10 points or more shows clinical improvement.

7.8

4 YP (30.8%) improved 10 points or more showing clinical improvement

Avg. Goal Score Improvement

The score ranges from 0 to 10. The higher the score, the more th YP feels like they are achieving the goal.

1.40

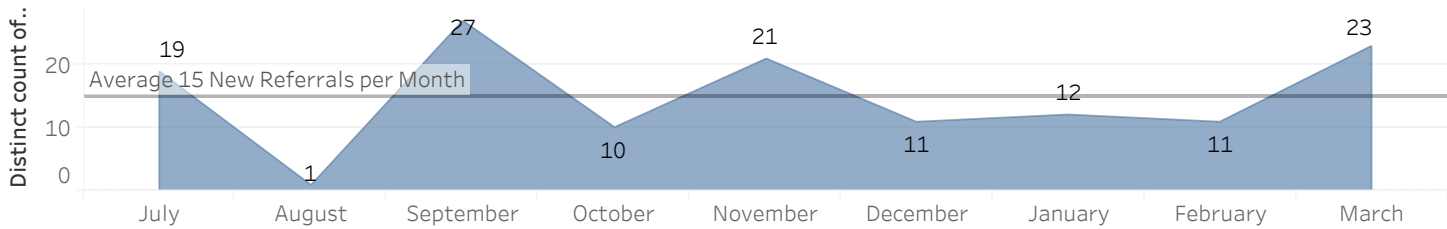
New Referrals: Demographics 1

Total Number of New Referrals

Last Year - New Referrals

















Note: If above is empty there is no data to show.

This Year: New Referrals



Quarterly Statistics

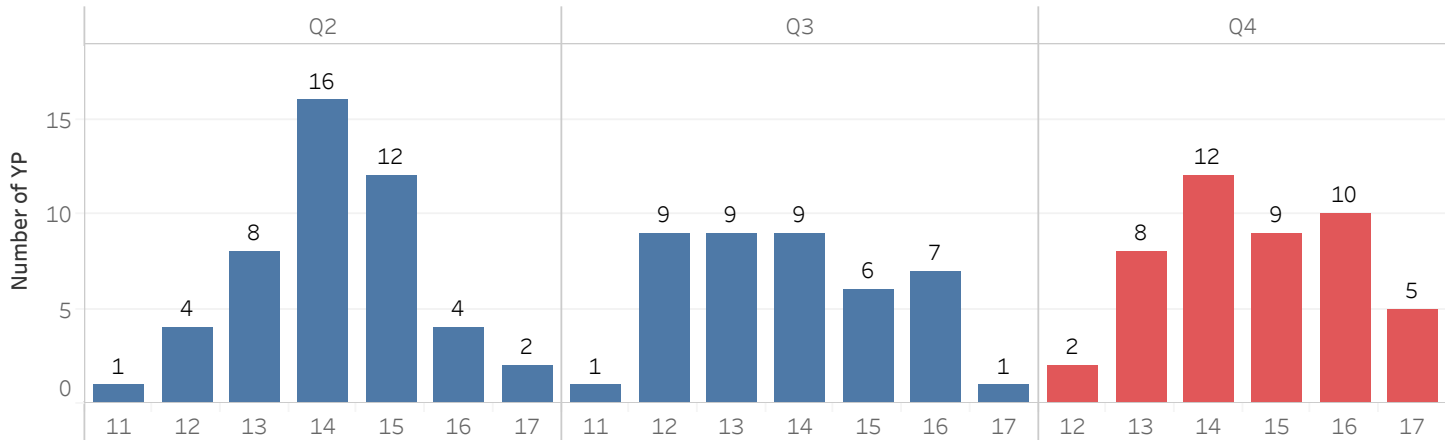
Gender of New Referrals

gender	FY 2021			Grand Total
	Q2	Q3	Q4	
F	 37	 30	 31	 98
M	 8	 11	 14	 33
Other	 2	 1	 1	 4
Total	 47	 42	 46	 135

New Referrals: Demographics 2

Quarterly Statistics

Age of New Referrals



Heard From of New Referrals

Quarter of Date Added..	School	CAMHS	Other	Other Worker	Youth Service	Grand Total
Q2	21	13	7	6		47
Q3	23	13	4	2		42
Q4	27	15	3		1	46
Grand Total	71	41	14	8	1	135

Town of New Referrals

School of New Referrals

Preferred Location of New Referrals

Pontefract	25	Carleton Community High	16	Online	27
Featherstone	9	Kettlethorpe High School	15	Carleton Community High	15
Lupset	9	St Thomas a Becket Academy	15	St Thomas a Becket Academy	15
Ossett	9	St Wilfrids Academy	14	Kettlethorpe High School	12
Horbury	7	Ossett Academy	13	St Wilfrids Academy	11
Normanton	7	Cathedral	9	Horbury Academy	9
Airedale	6	Horbury Academy	9	Outwood Grange Academy	8
Glasshoughton	6	Castleford Academy	8	Castleford Academy	7
Sandal	6	Outwood Grange Academy	8	Cathedral	7
Outwood	5	Crofton Academy	7	Kings School	5

Waiting List: YP and Time

After a young person has been referred into KoothF2F, they are on the waiting list firstly for assessment and then to be assigned a counsellor. Updates are provided regularly to the young person and they are encouraged to access Kooth or signposted to other services while they are waiting.

Waiting times are affected by many factors such as the number of referrals in the school (greater demand may mean higher waiting times), waiting for a male counsellor or choosing to wait to be seen in school or after a school break.




Waiting List

At the end of the quarter, this is the number of YP still on the waiting list to have a session. Empty space means there were none.

F	M	Other	Total
13	4	1	18

Assessments Completed in the Quarter

This is the number of young people who attended their first session in the quarter and the time they waited




F	M	Total
 26	 14	 42

This is the time from referral date to offered assessment date for the assessments completed in the quarter

Min. Assessment Waiting Time (in days)	-1
Max. Assessment Waiting Time (in days)	50
Avg. Assessment Waiting Time (in days)	16

Session Offered in the Quarter after Assessment Completed

This is the number of young people who were offered a counselling session within the quarter after they attended an assessment

F	M	Total
 27	 12	 40

This is the time from the date of attended assessment to the next offered session.

Min. Counselling Waiting Time (in days)	0
Max. Counselling Waiting Time (in days)	28
Avg. Counselling Waiting Time (in days)	4

Active Cases: YP and Sessions

YP that have not ended counselling and have been offered at least one session.

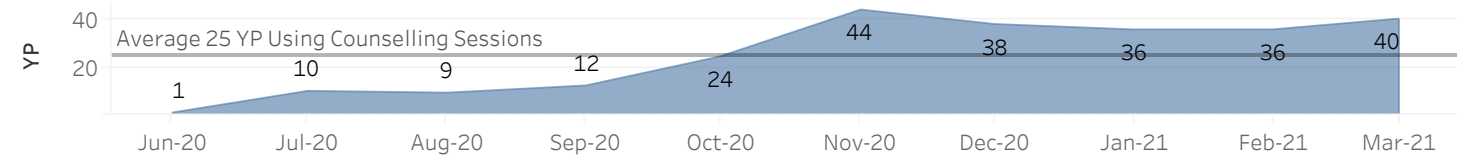
F	M	Total
43	16	59

Unique YP Using Counselling Sessions

Last Year - YP Using Counselling Sessions

Note: If the above is empty then there is no data to show.

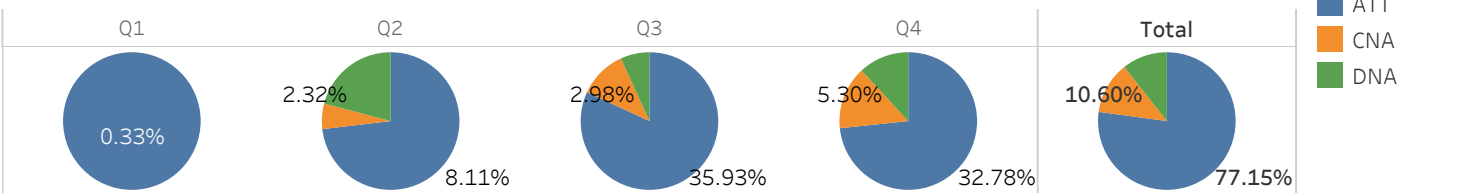
This Year - YP Using Counselling Sessions



Sessions

For those not attending sessions, we contact the young person/referrer to ascertain any reasons for non-attendance and plan another session within policy. We have a discussion with the young person about this policy and their non-attendance.

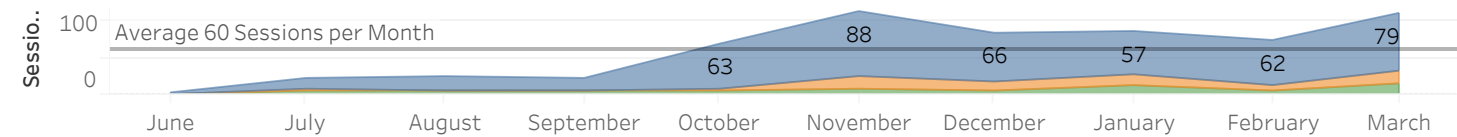
Session by Status



Last Year - Total Sessions

Note: If the above is empty then there is no data to show.

This Year - Total Sessions



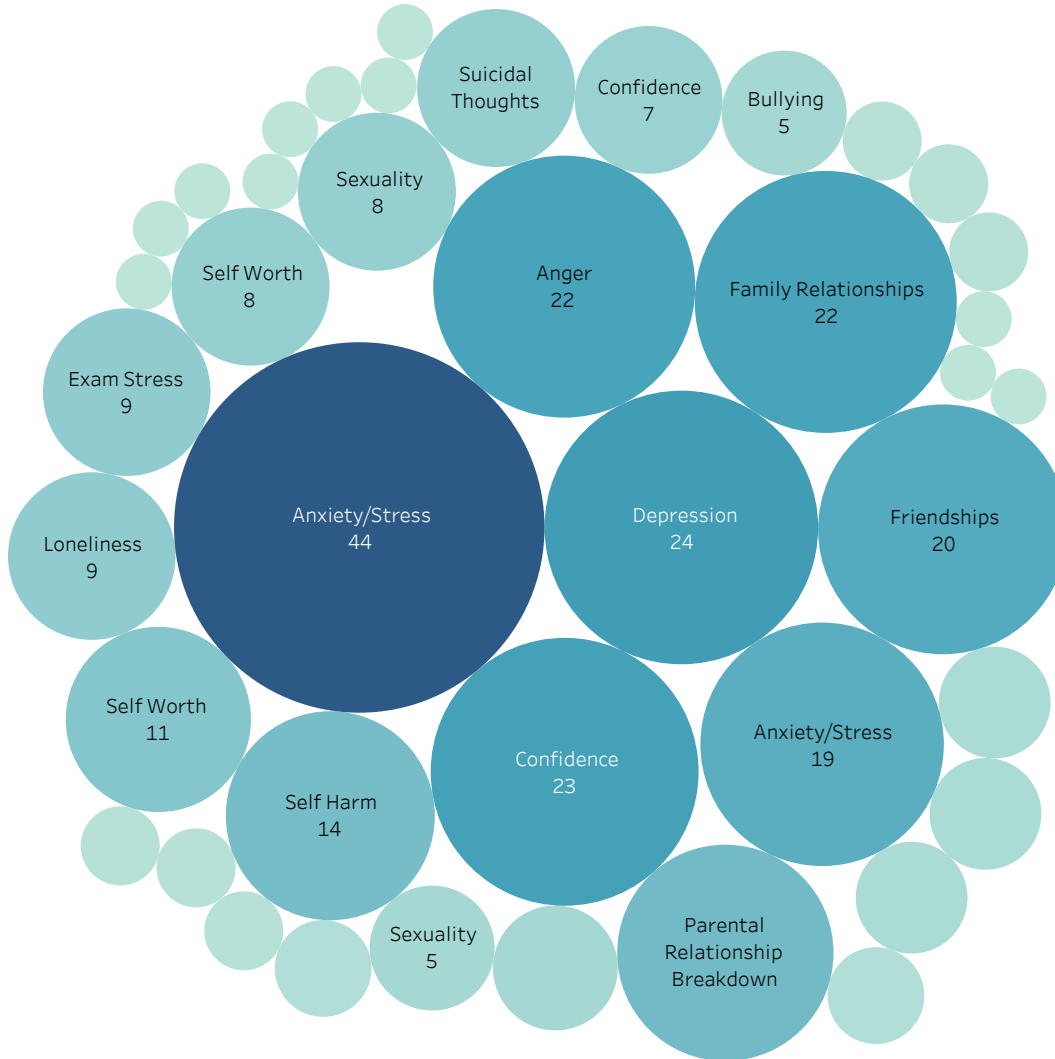
Total Sessions and YP

gender	Q1		Q2		Q3		Q4		Total	
	Sessions	YP	Sessions	YP	Sessions	YP	Sessions	YP	Sessions	YP
F			47	14	220	50	184	52	451	85
M			16	6	43	10	72	18	131	28
Other	2	1	4	2	2	1	14	2	22	4

Active cases: Presenting Issues

Issues Presented during Sessions

This shows the number of YP who presented an issue of this type in the quarter. YP may present with more than one issue.



Quarterly Statistics

10 most prominent YP issues presented

Quarter 1

Quarter 2

Quarter 3

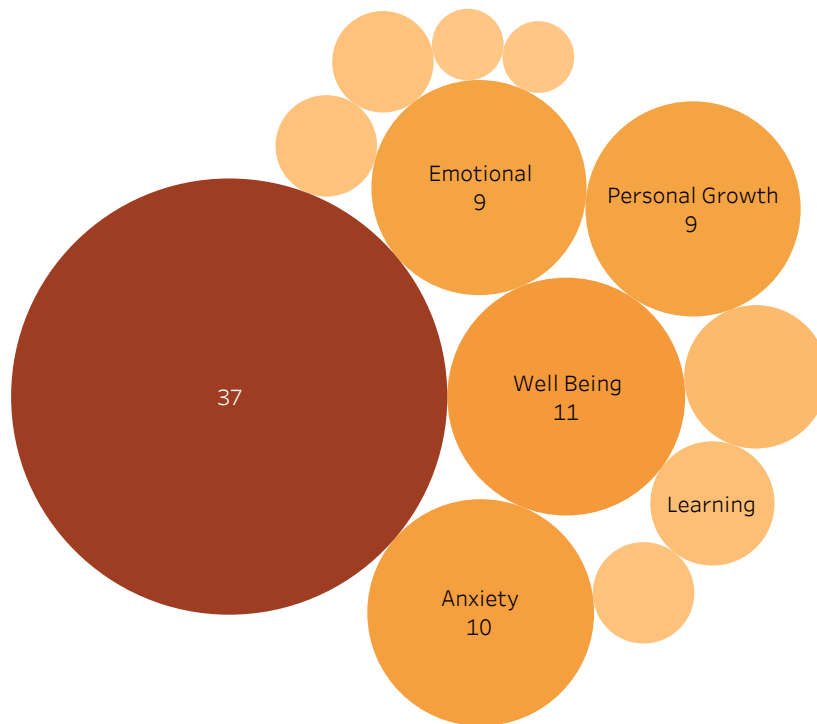
Quarter 4

Rank	Issue	Count	Rank	Issue	Count	Rank	Issue	Count
1	Anxiety/Stress	6	1	Anxiety/Stress	41	1	Anxiety/Str..	44
2	Anxiety/Stress	5	2	Self Worth	26	2	Depression	24
3	Anger	5	3	Confidence	25	3	Confidence	23
4	Confidence	4	4	Anger	25	4	Anger	22
5	Depression	4	5	Family Relatio..	24	5	Family Rela..	22
6	Family Relatio..	4	6	Anxiety/Stress	19	6	Friendships	20
7	Motivation	4	7	Friendships	19	7	Anxiety/Str..	19
8	Self Worth	4	8	Parental Relati..	19	8	Parental Re..	15
9	Self Worth	3	9	Depression	17	9	Self Harm	14
10	Friendships	3	10	Self Harm	11	10	Self Worth	11

Active Cases: Goals

Categories of Goals with Activity in the Quarter

This shows the number of YP who had a goal of this type with activity in the quarter. Activity is classed as a creation of a new goal or a change of score of an existing goal. YP may have more than one goal.



56 YP had a goal created or moved in the quarter.

Quarterly Statistics

Total Goals that have been Created or Moved this Quarter and Unique YP

gender	FY 2021							
	Q1		Q2		Q3		Q4	
	Unique YP	Goals	Unique YP	Goals	Unique YP	Goals	Unique YP	Goals
F			7	9	34	38	40	85
M			2	2	8	8	14	31
Other	1	1	1	1			2	8
Total	10	12	10	12	42	44	56	122

Goal Movement Averages

The minimum value for a goal is 0 and the maximum is 10. the higher the score, the more the young person feels like they are achieving that goal.

These goal movements only include goals that have moved in the respective quarter.

Avg. First Score	2.27
Avg. Last Score	3.67
Score Improvement	1.40

Closed Cases: YP and Sessions

Young People end counselling for a variety of reasons such as counselling intervention has concluded or they no longer want it. The closed cases pages focuses on Young People who have completed counselling intervention and they are identified by the reason for ending counselling as 'finished'.

Young People Ending Counselling in the Quarter

F	M	Other	Grand Total
20	9	1	30

Reasons for Ending Counselling

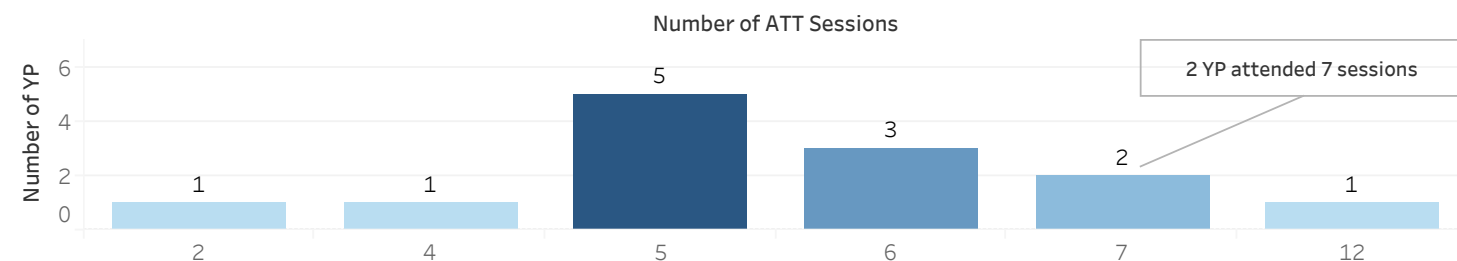
endreason	F	M	Other	Total
Did not want	7	7		14
Disengaged from intervention	2			2
Intervention complete	11	1	1	13
Other		1		1
Grand Total	20	9	1	30

Duration of Counselling (includes YP that have had at least one session)		Duration of Counselling Including the Assessment (includes YP that have had at least one session)	
YP	30	YP	16
Min. Counselling Time	56.0	Min. Assessment to Last Session	35.0
Max. Counselling Time	259.0	Max. Assessment to Last Session	173.0
Avg. Counselling Time	130.8	Avg. Assessment to Last Session	67.8

Sessions Offered to Young People who Ended this Quarter with 'Finished' Reason



How Many Sessions did each Young Person with 'Finished' Reason Attend?



Closed Cases: Core Scores and Feedback

If any of the sections below are empty then this means there is no data in the system to report on this.

Total Number of YP who 'finished' counselling this Quarter that have at least 2 Core Score

F	Total
 5	 5

YP-Core is an outcome measure to record 'distance travelled' in self-reported levels of wellbeing. These are completed regularly every session unless the young person decides not to complete the form. The scores range between 0 and 40 being the lowest level of wellbeing. 5 point or more improvement is a reliable change. 10 points or more shows clinical improvement.

Avg. First Core Score	26.60	Avg. Last Core Score	17.80
Max. First Core Score	32.00	Max. Last Core Score	29.00
Min. First Core Score	17.00	Min. Last Core Score	10.00
New Referrals		8.80	

Score Improvement (group)

10 or more improvement	YP	3
	%	60%

Feedback

Young People are asked to complete an End of Intervention Questionnaire at the end of their work with a counsellor. Below are the average score responses (0 to 2) to each of the questions for closed cases this quarter as well as min/max scores.

How much do you agree with the following statements on a scale of 0 to 2 (2 highly agree)

	Avg. Response	Min Response	Max Response
Avg. I feel better about myself	1.5	0	2
Avg. I feel I can cope more	1.6	0	2
Avg. I feel I understand myself more	1.6	0	2
Avg. I was able to work with my counsellor	1.9	1	2
Total Questionnaires Answered	30		

Please answer the question on a scale of 0 to 2 (2 most positive)

	Avg. Response	Min Response	Max Response
Avg. Q2. Your experience of the counselling service? (0-2)	1.9	1	2
Avg. Q3. Did you like the place where you had counselling? (0-2)	1.7	1	2
Avg. Q4. Did we contact you soon enough? (0-2)	1.7	1	2

Would you recommend the service to a friend?

100% would recommend the service to a friend



97% of responses thought enough sessions were offered



Closed Cases: Feedback Comments

The following statements are some of the feedback from young people who completed counselling this quarter. If the below is empty then there are no comments recorded in the system. If there are only a few comments, this will be spread across the page due to the software being used to create this report.

- ▶ Glad I had some to talk to and someone who listened.
- ▶ I am going to join kooth online to access the resources and see what other young people have to say
- ▶ I enjoyed my experience.
- ▶ I enjoyed the sessions.
- ▶ I feel less anxious and more confident now and it feels good. Counselling has helped me a lot.
- ▶ I felt safe and comfortable to talk about things i would not talk to about to other people.
- ▶ I found it really helpful and its a good way to deal with things,
- ▶ I think it was good and it gave me alternative ways to deal with my problems.
- ▶ it generally helped me to understand that I have to work on myself rather ask for help others.
- ▶ It has helped me do do stuff that i was not able to do before, not bottling up my anger.
- ▶ it helped give me lots of coping strategies.
- ▶ It made me feel a lot better in all aspects. Has spoken to friend about his experience about counselling he should give it a try.
- ▶ It was good to have someone to talk to that listened to me.
- ▶ It was good to have the sessions to be able to talk.
- ▶ It was good to talk about things that I have not spoken about before.
- ▶ It was good to talk to someone who listened, not judgemental and open minded.
- ▶ It was good.
- ▶ It was helpful to talk things through.
- ▶ it's a good method.
- ▶ It's helpful to talk to people.
- ▶ sessions were not helpful.
- ▶ The counselling experiences are repeated for the yp, she was not being open about her feelings.
- ▶ The sessions have helped alot because it gave me different ways to look at things and I feel I can tell people about my problems, I'm just as valid a..
- ▶ The sessions helped me to admit to my rituals and find some solutions.
- ▶ The sessions were really helpful, being able to talk about things i have not been able to talk about.
- ▶ The sessions were very helpful, the worksheets we went through were helpful, it was good to talk to someone and to be listened to.
- ▶ The yp was not ready to have sessions.