

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



Issue 3 – July 2022

Welcome

Welcome to the third West Yorkshire Adversity, Trauma and Resilience monthly bulletin which provides updates on the programme and updates from each 'place' on the current work being undertaken and the current workstreams.

If you would like anything including in future bulletins, please contact caroline.andrews16@nhs.net

Adversity, Trauma & Resilience Programme – Our Ambition

Working together with people with lived experience and colleagues across all sectors, organisations to ensure that West Yorkshire is a trauma informed and responsive system by 2030.

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



Trauma Co-Production Guidance

If you haven't seen it already, please do check out our new [guidance for trauma co-production](#) which is getting rave reviews on Twitter. The guidance, authored by Lisa Cherry, who is an author, researcher and leading international trainer and consultant, specialising in assisting schools, services and systems to create change that supports working with the legacy of trauma, sets out an understanding of how to engage in co-production using a trauma informed lens. The guidance has some great tips offering things to consider, reflect on and questions to ask rather than instruction.

Workstreams:

The following workstreams have been established:

- West Yorkshire Adversity, Trauma and Resilience Strategy Board
- Adversity, Trauma and Resilience Network
- West Yorkshire Adversity, Trauma and Resilience Training Collaborative
- West Yorkshire Adversity, Trauma and Resilience Community Action Collective
- Places Based Adversity, Trauma and Resilience Programmes and Boards
- West Yorkshire Consortium for Adults Facing Multiple Adversity
- Trauma Informed Education Settings
- West Yorkshire Trauma Informed Organisations
- Trauma Informed Justice System
- Reducing Violence Against Staff

If you would like to be part of any of our workstreams, please contact caroline.andrews16@nhs.net

Adversity, Trauma and Resilience

monthly
 stakeholder
 bulletin



Next Steps:

- Development of the West Yorkshire ATR Framework and Academy
- Commissioning embedded evaluation & learning partner
- Launch the WY Adversity, Trauma & Resilience Fellowship Programme
- Continue to develop new and existing networks and workstreams
- Continue to roll out trauma informed foundation training
- Developing training the trainer approach for foundation training
- Developing a guide and resources to support organisations to become trauma informed

WY ATR Social Media & Cyber Trauma Workstream

We have emailed the ATR network to invite expressions of interest for the Social Media and Cyber Trauma Workstream. The first meeting is taking place on Friday 9th September. If anyone would like to join this group, please email caroline.andrews16@nhs.net by Friday 2nd September.

Our vision for our West Yorkshire Adversity, Trauma and Resilience programme is to: *'Work together with people with lived experience and colleagues across all sectors and organisations to ensure West Yorkshire is a trauma informed and responsive system by 2030'*

The Social Media and Cyber Trauma Workstream will:

- Utilising knowledge of the upcoming Online Safety Bill, E-Safety and Cyber trauma to begin an approach to policies and procedures for all users of technology in the health space. This will include approaches to service user interventions and contact, good practice guides, SME and larger organisational practice and use of technology in and around the workplace.
- Strategies for macro level and micro level approaches to trauma informed use of technology will be the main outcome and interest is sought from users,

Adversity, Trauma and Resilience

monthly stakeholder bulletin



to technical staff and those working with technology and vulnerable users of that technology.

- It is proposed that early stages of this group will help outline the focus of how this will be implemented at scale with non-jargon language to facilitate the space of digital and technology.
- The long terms goal of this group is to provide workable policies and procedures, evidence based and with lived experience adding to the approach.

The Social Media and Cyber Trauma will offer West Yorkshire a unique and innovative opportunity to harness practical supportive solutions, peer support and understand why working in this way can support better outcomes for staff and their residents.

Education Workstream

Insight Report on Trauma Informed Education across West Yorkshire

[Trauma Informed Education Settings Insight West Yorkshire \(wypartnership.co.uk\)](https://wypartnership.co.uk)

Cherry, L & Froustis, E (2022) Trauma Informed Education Settings in West Yorkshire. West Yorkshire Health and Care Partnership and the Violence Reduction Unit, West Yorkshire.

This report provides insight and recommendations for trauma informed schools and educational institutions across West Yorkshire that have committed to strengthening educational outcomes for vulnerable young people through attachment and trauma-informed methods. The report includes,

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



review of evidence base, evaluation of a pilot programme in a West Yorkshire school, case studies of good practice and examines the barriers and opportunities for trauma informed schools and education. The report concluded with key findings, areas for consideration and recommendations to be taken forward across West Yorkshire with the help of the West Yorkshire Adversity, Trauma and Resilience Education Workstream.

Place Based Updates

Bradford

Here is the link to the Bradford newsletter.

[Quarterly Newsletter: Bradford Adversity, Trauma & Resilience Programme #issue1 \(mailchi.mp\)](#)

Leeds

Please see the following link address for the latest news on building a trauma informed city

<https://www.mindmate.org.uk/updates/>

Calderdale

The #HealthNow / Groundswell research, commissioned by the ICS, “Understanding Homelessness Health Inequality in Calderdale, Kirklees and Wakefield” has been published. Please use this link to

access the report <https://groundswell.org.uk/wp-content/uploads/2022/03/HealthNow-West-Yorkshire-Report.pdf>

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



The West Yorkshire Health & Care Partnership Unpaid Carers Programme



The WYHCP Unpaid Carers Programme has a dedicated Young Carers workstream to raise awareness of young carers and to increase identification, support and signposting to Young Carer services. Many young carers are impacted as a result of their caring responsibilities which may result in lower academic attainment than their peers. One way that this challenge may be supported, as identified by WY young carers and Head Teachers, was the need for resources to enable professionals to identify and support young carers.

To address this, through co-working with local young carers and The Childrens Society, a suite of bite-sized learning materials has been developed for professionals including: one minute guides, quick wins, Children's Society Raising Awareness slides and local support services. These can be found and downloaded from the WYHCP website [Young Carers :: West Yorkshire Health & Care Partnership \(wypartnership.co.uk\)](https://www.wypartnership.co.uk/young-carers)

In addition, a series of co-produced short films featuring local young carers speaking about their experiences will be added to the suite of materials intended for professionals to support young carers. This film project piloted the Guidance for Trauma Informed Coproduction. Feedback on the new resources and support to promote and share amongst networks is welcomed, ahead of the plan to promote these young carer resources across the region in line with new academic year to both education and health professionals.

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



With the collection of pupils who have been identified as young carers being included in the school census in spring 2023 as a new data item the Young Carers Project Manager would like to support educational settings with the production of easy to access, free and young-person centred resources to aid identification.

[Young Carers :: West Yorkshire Health & Care Partnership \(wypartnership.co.uk\)](http://wypartnership.co.uk)