

# Adversity, Trauma and Resilience

monthly  
stakeholder  
bulletin



## Issue 6 – November 2022

### Welcome

Welcome to the sixth West Yorkshire Adversity, Trauma and Resilience monthly bulletin which provides updates on the programme and updates from each 'place' on the current work being undertaken and the current workstreams.

If you would like anything including in future bulletins, please contact [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)

### Adversity, Trauma & Resilience Programme – Our Ambition

Working together with people with lived experience and colleagues across all sectors, organisations to ensure that West Yorkshire is a trauma informed and responsive system by 2030.

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## Workstreams:

The following workstreams have been established:

- West Yorkshire Adversity, Trauma and Resilience Strategy Board
- Adversity, Trauma and Resilience Network
- West Yorkshire Adversity, Trauma and Resilience Training Collaborative
- West Yorkshire Adversity, Trauma and Resilience Community Action Collective
- Places Based Adversity, Trauma and Resilience Programmes and Boards
- West Yorkshire Consortium for Adults Facing Multiple Adversity
- Trauma Informed Education Settings
- West Yorkshire Trauma Informed Organisations
- Trauma Informed Justice System
- Reducing Violence Against Staff
- West Yorkshire Adversity, Trauma and Resilience Social Media and Cyber Trauma
- West Yorkshire Adversity, Trauma & Resilience Fellowship Programme

If you would like to be part of any of our workstreams, please contact [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)

## Next Steps:

- Development of the West Yorkshire ATR Framework and Academy
- Commissioning embedded evaluation & learning partner
- Continue to develop new and existing networks and workstreams
- Continue to roll out trauma informed foundation training
- Developing training the trainer approach for foundation training
- Developing a guide and resources to support organisations to become trauma informed

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The following table provides the timeline for some of our workstreams/reports:

Current Workstreams	Completion
ATR Website Launch	December 2022
Training Mapping	31/01/2023
Knowledge & Skills Framework	28/02/2023
Train the Trainer	31/03/2023
Annual Report	31/03/2023
Trauma Informed Co-production Language Guidance	31/03/2023

## Knowledge and Skills Framework

As you are aware we have been developing the Knowledge and Skills Framework for the West Yorkshire ATR Programme and we would now welcome any volunteers to develop the writing of the content for each product. There are 8 products that we need to develop (see attached below). If you would like any further information or would like to volunteer, please contact

[caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)

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## ATR Academy Website

We will be launching our new website on 8 December which will hold all of the resources from the start of our trauma informed journey. We would welcome any resources from your organisation which can include links to your website, events, videos, blogs. Below is a screen shot of some of the resources received so far:

<p><b>BURNT BRIDGES?        Thematic Review 2021 - 7 Minute Briefing</b></p> <p>This 7 Minute Briefing gives an overview of the Thematic Review undertaken by the Calderdale Safeguarding Adults Board.</p> <p>1.0 Why did we commission this project?</p> <p>Over a month period we saw 212 (91%) 2 year old and less children in trouble. There were no deaths for under 5s the number of people who died was the same, but from more outcomes as in how these are now supported and engaged. Therefore the board's review considered how systems and risk agency working in Calderdale could improve.</p> <p>2.0 What we learned?</p> <p>The overarching finding was that these men had complex and diverse needs (MCI), homelessness, mental health, physical health, and criminal involvement leading to multiple dependencies. There was a concern of how the local health system had been able to assess an individual's ability to care, that some of the ability to be self-sufficient, some of self-connection of social and emotional relationships. This has a significant impact on meeting their care and engagement.</p>	<p><b>Burnt Bridges?        Learning Event</b></p> <p>19th November 2021        10:00 AM</p>	<p><b>Calderdale Multi-Agency        Self-Neglect Policy</b></p> <p>(Incorporating Toolkit)</p>	<p><b>Young Advisors</b></p> <p>Results of our online survey exploring student's experience of transitioning between education settings</p>
<p><b>Burnt Bridges 7 minute Briefing</b></p> <p>Download</p>	<p><b>Burnt Bridges Learning Event – following the deaths of 5 men who lived street based lives and had complex needs</b></p> <p>View Video</p>	<p><b>Calderdale MA Self Neglect Policy</b></p> <p>Download</p>	<p><b>Calderdale Young Advisors video showing their results of a survey exploring students' experience transitioning between education settings</b></p> <p>View Video</p>

We would appreciate anything that you would like to include at your earliest convenience to enable us to add the content before the launch date. Please send any resources to [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net).





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[You can click here to access the survey for professionals.](#) Your help sharing this further amongst your teams and networks who may have used the site would be appreciated.

The team has also created a separate survey aimed at people who have used the website outside their job role to find information or support for themselves or a friend/family member. The team would be grateful if you could help to share this with people you have signposted to MindWell or any people you may know who have used the website. The link to the general survey is here: <https://www.smartsurvey.co.uk/s/CHCQZJ/>.

[MindWell](#) is the mental health website for adults in Leeds. It's funded by the Leeds Office of West Yorkshire ICB to bring together information from the NHS, Leeds City Council and the third sector into one 'go to' place.

## Dark to Light

Dawn Bland, one of our Community Action Collective members with lived experience, has released a book of poetry titled 'Dark to Light' which includes her own poetry based on mental health issues and childhood trauma and domestic violence relationships. All of the profits will be donated to Co Active charity that supports adults with learning disabilities. The book will be released on 30 November and can be bought from Co Active who are based in The Ridings Shopping Centre, opposite the jewellery shop, Wakefield.