

Adversity, Trauma and Resilience

monthly
stakeholder
bulletin



Issue 5 – October 2022

Welcome

Welcome to the fifth West Yorkshire Adversity, Trauma and Resilience monthly bulletin which provides updates on the programme and updates from each 'place' on the current work being undertaken and the current workstreams.

If you would like anything including in future bulletins, please contact caroline.andrews16@nhs.net

Adversity, Trauma & Resilience Programme – Our Ambition

Working together with people with lived experience and colleagues across all sectors, organisations to ensure that West Yorkshire is a trauma informed and responsive system by 2030.

Adversity, Trauma and Resilience

monthly stakeholder bulletin



Workstreams:

The following workstreams have been established:

- West Yorkshire Adversity, Trauma and Resilience Strategy Board
- Adversity, Trauma and Resilience Network
- West Yorkshire Adversity, Trauma and Resilience Training Collaborative
- West Yorkshire Adversity, Trauma and Resilience Community Action Collective
- Places Based Adversity, Trauma and Resilience Programmes and Boards
- West Yorkshire Consortium for Adults Facing Multiple Adversity
- Trauma Informed Education Settings
- West Yorkshire Trauma Informed Organisations
- Trauma Informed Justice System
- Reducing Violence Against Staff
- West Yorkshire Adversity, Trauma and Resilience Social Media and Cyber Trauma

If you would like to be part of any of our workstreams, please contact caroline.andrews16@nhs.net

Next Steps:

- Development of the West Yorkshire ATR Framework and Academy
- Commissioning embedded evaluation & learning partner
- Launch the WY Adversity, Trauma & Resilience Fellowship Programme
- Continue to develop new and existing networks and workstreams
- Continue to roll out trauma informed foundation training
- Developing training the trainer approach for foundation training
- Developing a guide and resources to support organisations to become trauma informed

Adversity, Trauma and Resilience

monthly
 stakeholder
 bulletin



The following table provides the timeline for some of our workstreams/reports:

Current Workstreams	Completion
ATR Fellowship Launch	October 2022
ATR Website Launch	October/November 2022
Training Mapping	31/01/2023
Knowledge & Skills Framework	28/02/2023
Train the Trainer	31/03/2023
Annual Report	31/03/2023

Improving Population Health Fellowship

Join our fellowship and help improve population health

Applications for our Improving Population Health Fellowship open on Monday 7 November and close on Friday 9 December. This year we are expanding the fellowship and will be on the lookout for:

- 30 Health Equity Fellows
- 30 Adversity, Trauma and Resilience Fellows
- Five Climate Change Fellows
- Five Suicide Prevention Fellows

Here's what one of this year's fellows has to say: "The health equity fellowship has been a great opportunity to learn about public health (via the public health practitioner programme), and the various teams who are working to help people live healthier, happier lives. The connection with other fellows was also fantastic as it was revealed just how many different kinds of roles are involved with

Adversity, Trauma and Resilience

monthly stakeholder bulletin



improving health equity. It was also lovely to meet with like-minded people, who inspired and supported me along the way.”

The fellowship is open to all employees across West Yorkshire irrespective of your current job role, grade or profession. Everything you need to know, including a statement of interest form, is available on our Improving Population Health Fellowship pages. You are also invited to come along to an event on 8 or 23 November from 2pm to 3.30pm to find out more. Contact verity.phillips3@nhs.net and caroline.andrews16@nhs.net to book your place.

Co-production Trauma Informed Training -Lisa Cherry

Thank you to everyone who registered for the co-production trauma informed training. The register was full within 2 hours of sending the email and the waiting list is also full. We apologise to those who were unable to register but the training is going to be filmed and will then be part of the e-learning on the new website.

Developing a Reflective Use of Language to Support a Trauma Informed Approach with Lisa Cherry

The language task and finish group are co-creating guidance on language. The guidance will be co-produced, evidenced by gathering lived and living experiences and will be underpinned by research sitting within the framework of the trauma informed principles. *See link below.*

[Developing a reflective use of language to support a trauma informed approach - Lisa Cherry](#)

We would like to set up 4 or 5 focus groups to develop the guidance and would welcome volunteers. If you would like to be part of the focus groups please email caroline.andrews16@nhs.net

Adversity, Trauma and Resilience

monthly stakeholder bulletin



Knowledge and Skills Framework

As you are aware we have been developing the Knowledge and Skills Framework for the West Yorkshire ATR Programme and we would now welcome any volunteers to develop the writing of the content for each product. There are 8 products that we need to develop (see attached below). If you would like any further information or would like to volunteer, please contact

caroline.andrews16@nhs.net

ATR Academy Website

We will be launching our new website in November which will hold all of the resources from the start of our trauma informed journey. If anyone has anything they would like adding, please contact me.

Mayors Safer Communities Fund

Do you need funding for a community safety project?

Over £350,000 is available to voluntary and community groups, charities, and partners with an innovative project aiming to make West Yorkshire safer through the Mayor's Safer Communities Fund.

The Mayor's Safer Communities Fund is financed by money from criminal activities recovered by police and prosecutors under the Proceeds of Crime Act.

In recognition of the financial challenges many organisations are facing, the West Yorkshire Mayor, Tracy Brabin, has increased the available grant amount, from up to £6000 to up to £8000.

The theme for this grant round is "Safer Places and Thriving Communities" and the Mayor is welcoming applications from projects addressing anti-social behaviour, serious violence including knife crime, drug misuse, hate crime, road safety and more.

Adversity, Trauma and Resilience

monthly stakeholder bulletin



Apply before 11 November: <https://www.westyorks-ca.gov.uk/policing-and-crime/mayor-s-safer-communities-fund/>

Here is a link to the press release with a bit more information including a quote from the Mayor: <https://www.westyorks-ca.gov.uk/policing-and-crime-news/mayor-of-west-yorkshire-urges-community-organisations-to-apply-for-biggest-funding-pot-yet/>

And this is where people can apply: <https://www.westyorks-ca.gov.uk/policing-and-crime/mayor-s-safer-communities-fund/>

Here is the press release for the latest awards evening earlier this month for some context: <https://www.westyorks-ca.gov.uk/policing-and-crime-news/west-yorkshire-mayor-awards-record-amount-of-funding-to-innovative-community-safety-projects/>

EOI to develop Cultural Competency and Cultural Humility Training Package - £15K available

The West Yorkshire Health and Care Partnership is looking for an organisation(s) or individual(s) to develop a Cultural Competency & Cultural Humility training package for cross sector partners working or volunteering in the field of Health and Care.

£15,000 (exclusive of VAT) is available to do this, it is anticipated this work will begin early December and the training package is drafted by end of March 2023. The training package will be based on a training framework developed by cross-sector partners of the West Yorkshire Health & Care Partnership.

The closing date for completion of applications is 15 November 1pm.

Attached links to this is (see below):

- Background and information for interested parties that may wish to complete an EOI.
- An EOI application form to complete to express an interest in doing this work.

Adversity, Trauma and Resilience

monthly stakeholder bulletin



In the Background Information (attached) are important dates and important information to read before completing the EOI application.

If you have any questions please e-mail gary.blake@nhs.net

[Cultural Competency and Humility Training EOI form](#)

[Cultural Competency and Humility Training Pilot - background info.](#)

New sports fund to tackle youth crime

The government has today (4 November) announced that charities across England and Wales will be able to bid for funding to run programmes designed to steer young people away from law breaking and into positive activities aimed at teaching teamwork, resilience and discipline.

Charities will be able to bid from 7 November until 5 December when the fund closes. Councils are encouraged to share with charities in their area.

Announcement:

<https://www.gov.uk/government/news/new-sports-fund-to-tackle-youth-crime>

Handling difficult situations with compassion – training programme

NHS England is pleased to announce the extension of a national training programme – ‘Handling difficult situations – Caring for yourself and others with compassion’.

This training course is being offered to all frontline, patient facing NHS colleagues, and aims to teach colleagues the skills and techniques to handle difficult situations with compassion, including using appropriate communication techniques and active listening skills, whilst focussing on how to keep yourself safe and seek support if you feel affected by a situation.

The skills learnt in the training are considered transferable, and can be used in a wide range of difficult situations, for example where patients may present in a challenging or distressed manner, during instances of uncivil behaviour or when speaking about difficult topics of conversation. The

Adversity, Trauma and Resilience

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stakeholder
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training also offers insight into models of self-awareness, self-compassion and emotional intelligence – all of which are important in looking after our own wellbeing, as well as that of others.

Please use the link below for more information.

[NHS England » Handling difficult situations with compassion – training programme](#)