

Case Study: Anthony, 50

Anthony was referred to WY-FI+ in 2021, struggling with addiction, mental ill health and potential homelessness. He was living a chaotic lifestyle and not engaging with support.

Homelessness: Anthony was at risk of eviction from his rental property due to concerns around his substance misuse and antisocial behaviour. Although he was offered support from his housing provider and from the police, he did not engage with them.

Addiction: Anthony was also misusing drugs, primarily crack cocaine and cannabis as well as sleeping medications.

Mental Health: Anthony had a history of mental ill health and previous suicidal behaviour, including overdose attempts. Anthony was not taking his prescribed medication properly and was sometimes forgetting doses, losing track or taking too much and 'over-medicating'. He was also struggling with debts and isolation due to the COVID-19 pandemic, as he was considered clinically vulnerable.

Contact with WY-FI+

Contact with Anthony was difficult at first due to the COVID-19 pandemic, which meant our Navigators couldn't meet him in person for a time. This also meant that appointments and assessments had to be rearranged, but eventually he began to engage with us. The WY-FI+ Navigator team supported Anthony to engage with his housing provider and to access GP and substance misuse services, which he is still attending.

Key outcomes

- Anthony accessed drug treatment services and is gradually reducing his use of substances. He has been free from cannabis for 12 weeks
- Anthony is no longer at risk of eviction and is now engaging well with his landlord and with Sustain, an organisation which provides support accommodation for vulnerable adults. There have been no more concerns around antisocial behaviour
- A Navigator supported Anthony to contact his GP and arrange a medication review. He was supported to arrange prescription deliveries and given help to manage his dosage correctly
- Anthony has not overdosed or made any suicide attempts since being referred to WY-FI+ and his mental health is improving