



Our Story

I lost my only sibling, Josh, on 25th November 2020 to suicide at the age of just 21.

After examining Josh's phone and laptop, I found that Josh had been researching techniques to take his own life via internet searches. The supportive content presented currently provides users with one form of support – a helpline.

To ensure more help and support is available to individuals in mental health crisis and searching for harmful content online, I set up R;pple to ensure that as many users and their families as possible do not experience the same trauma which my family are going through following the loss of a loved one from suicide.

R;pple addresses the lack of intervention and instead provides an immediate, vibrant display on a user's device once they have been flagged as searching for online content relating to self-harm or suicide.

R;pple is an online nudge technique/add-on extension which consists of a powerful message of hope to resonate with the user, as well as providing a selection of mental health support options (call, text, webchat, self-help app, pocket resources) from one of our charity partners.

I hope you can support me in my mission to save lives through this innovative web interception.

Alice Hendy Founder

Our Purpose

To ensure immediate mental health support is presented to individuals following a harmful online search via innovative technology and consisting of a choice of help and resources to prevent self-harm and suicide.



Why Now?

More than two-thirds of adults in the UK (69%) report feeling somewhat or very worried about the effect COVID-19 is having on their life.



Male suicide is at it's **highest rate in 20 years** in 2020 (ONS)



Every 90 minutes in the UK, a life is lost to suicide ('You're Not Alone')



93% rise in female under 25 suicide rates since 2012 (ONS)



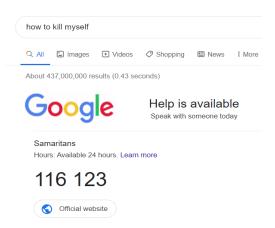
Over **200** schoolchildren take their own life each year. (Samaritans)

IFS analysis of longitudinal data from the Understanding Society study found that, taking account of pre-pandemic trajectories, mental health has worsened substantially (by 8.1% on average) as a result of the pandemic, with young adults and women being hit hardest. (Health Foundation)



The Problem

When an online search is conducted relating to selfharm or suicide, a lack of mental health support and resources are presented to the user, excluding groups from getting the mental health support they urgently need in a format that suits them.



The Solution



Installation

The R;pple tool is installed on a users device either a) as an 'Add-on' or b) as an integrated 'nudge technique'



Harmful Search

User searches for harmful online content using a search engine.



R;pple Display

R;pple is presented to the user



Seek Help

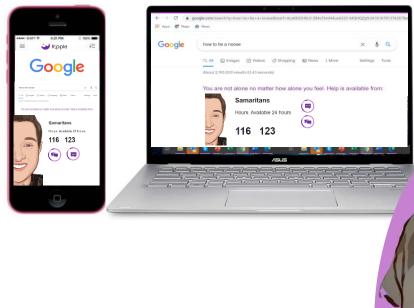
User chooses to gain mental health support by clicking on one of the help options.

Reduction

in harmful views, suicide attempts and fatalities as a result of increased amount of mental health resources available

The Product

R;pple







Contact Us



www.ripplesuicideprevention.com



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Resources



Samaritans - Call 116 123



Shout - Text 85258



CALM - Call 0800 585858



Grassroots - Download StayAlive App



Hub of Hope – local support



Jacobs - Download One Million Lives App







