

A
Look
At

NEURODEVELOPMENTAL TRAUMA

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#1

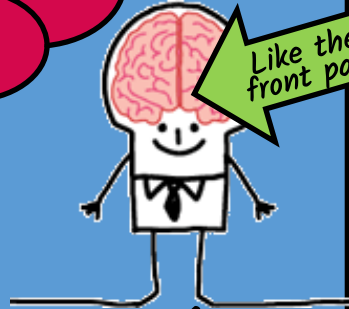
EARLY CHILDHOOD
TRAUMA CAN AFFECT
THE WHOLE CHILD -
BOTH BRAIN & BODY!

Can be
prenatal
trauma

#2

THE BRAIN HAS A
LOT OF DIFFERENT
PARTS, BUT ONLY A
COUPLE OF THEM
CAN THINK

Like these
front parts!



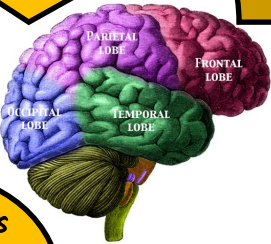
#3

WHEN A CHILD'S
BRAIN IS DEVELOPED
BY EARLY STRESSFUL
EXPERIENCES, THEIR
STRESS RESPONSE
SYSTEM GETS
STUCK IN THE
"ON" POSITION

#4

THE MORE STRESSED OUT
YOU ARE, THE FARTHER BACK
IN THE BRAIN YOU GO

#5



This means
losing
access to
thinking
parts

And having
reacting
parts be in
charge

This causes
them to go
into Fight,
Flight, Freeze
easily

#6

THIS IS WHY TRADITIONAL
BEHAVIOR STRATEGIES
AREN'T CONSISTENTLY
EFFECTIVE—THEY RELY ON
THE THINKING BRAIN

And that's not
the part that is
in control
(or the fastest)

#7

STRATEGIES THAT HELP THE BRAIN
& BODY STAY CALM BEFORE AN
UNWANTED BEHAVIOR HAPPENS WILL BE
BEST AT TEACHING & PREVENTING

This work of coregulation
- helping a child with
changes & emotions -
is best done with
a trusted adult



#8

TRAUMA DOESN'T JUST GET BETTER -
YOU DON'T JUST OUTGROW IT