

Action Notes
West Yorkshire Health and Care Partnership
WY Adversity, Trauma and Resilience: Trauma Informed Education Settings Workstream
 Friday 2 December 2022 – 13:00 – 15:30
Microsoft Teams

Chair: Emm Irving

In Attendance

Emm Irving (EI)	Programme Manager for Improving Population Health WY HCP
Caroline Andrews (CA)	Project Manager, Adversity & Trauma WY HCP
Andrea Cowans (AC)	
Anna Turner (AT)	Senior Educational Psychologist, Leeds City Council
Carol Price (CP)	Student Wellbeing & Safeguarding Manager, Young Adult Carer Lead
Cath Knibbs (CK)	Digital lead for the West Yorkshire Adversity, Trauma and Resilience Framework
Fiona Rogers (FR)	Young Carers Project Lead, WY HCP
Jessica Farnworth (JF)	Assistant Educational Psychologist
Kim Davis (KD)	City Wide Lead Teacher of the Deaf
Lauren Whitehead (LW)	West Yorkshire Children and Young People's Project Manager, WY HCP
Lisa Cherry (LC)	Director, Trauma Informed Consultancy Ltd
Michelle Stephenson (MS)	Lecturer in Mental Health Nursing, University of Bradford
Richard Bottomley (RB)	Headteacher, Bradford Academy
Samuel Clewarth (SC)	West Yorkshire Violence Reduction Unit
Tom Shaw (TS)	Director of Research & Development, Carr Manor Community School

1.	<p>Welcome and Introductions</p> <p>CA welcomed the group and introductions were made. CA advised that EI would be joining the meeting at 13:15.</p>
2.	<p>Any Other Business</p> <p>There was no other business.</p>
3.	<p>Trauma Informed Training for Education</p> <p>CA asked LC if she could begin this conversation until EI joined.</p> <p>LC began by advising the group that the ATR programme had secured £75,000 to fund trauma informed training in schools. This would be 15 schools initially and the schools would be selected on certain criteria, i.e. have a high prevalence of knife crime/violence, have a high exclusion rate etc. but this has not yet been decided. LC added that we need to look at the data that the violence reduction unit hold.</p> <p>EI joined the meeting and asked colleagues whether they felt that if we were looking at providing the training to a secondary school, do we also look at the feeder primary schools and then work with further education and colleges.</p> <p>EI advised that we will collectively agree the criteria through email as we need to mobilise this very fast and agree which schools will be taking part. In respect of the funding, EI advised that, due to the NHS procurement policy, the schools will be expected to invoice the ICB and then pay the provider directly. EI added that the money would be with the schools before the end of March 2023.</p> <p>EI asked if there were any questions/suggestions.</p>



After a group discussion it was suggested that we establish a small sub-group of this group to manage and steer the training. EI asked the group if anyone would be interested and TS, AT, JF and SC offered to be involved. CA to set up a meeting with EI/CA/TS/AT/JF/SC and include educational psychologists and virtual heads from each place.

TS commented that this is a real opportunity, given the resources available, to make schools understand how easy this can be for them and EI agreed and added that it would demonstrate the impact this can have on pupils and staff in an educational setting. EI suggested that we create a maturity matrix to gauge where schools are at and whether they can act and implement, i.e. benchmarking what education settings already have in place and this will then score them at a certain level. We would then do a briefing paper with the matrix at the back to gain further understanding.

4. **Education Awareness Week**

EI informed the group that the idea of an Education Awareness Week was to do a symposium and raise awareness of trauma informed education and bring in as many people as we can. From previous discussions it will be held for two weeks with the second week a duplication of the first week and to hold them the week before the February 2023 half term and during the half term. EI advised that we do have some funding and we could maybe develop resource packs to schools that they can do internally, pre-record some webinars, pull some podcasts together or pull case studies together. EI asked the group to think about what we want to achieve by that activity and who do we want it to benefit and added that we will also build some evaluations into this during the week. CA and comms lead Donna will be pulling this together and anyone who wants to be involved. We will have, as of next Thursday, our online digital hub and we will be able to run all this through our hub. EI asked the group for their suggestions.

AT suggested that something around staff wellbeing as this feels really significant at the moment, having some input into thinking about a trauma informed lens around wellbeing of staff. AT added that herself and Penny Netherwood are putting together a workshop for DSL's and DT's on wellbeing in February which will be a workshop looking after self care as well as others and we offered to do something for this. EI responded that this would be great and CA agreed to contact AT with the details.

AC suggested during awareness week launch and embed something that changes practice, i.e. wanting to set up reflective practice circles so that staff can manage their experiences, maybe we could launch during that week, awareness raising running up to it, training circles available to staff and then feedback after. EI agreed and said that there needs to be a call of action and good to have a theme for the week and that could be looking after our staff at this difficult time, doesn't have to be aimed at the students at this point as we don't want to put anything out that can cause harm, so if we want to aim it at staff that is fine. AC responded that they are struggling with staff wellbeing, sickness, keeping people in work and feeling positive but also around giving staff a purpose and wanting to stay within an organisation as organisations who invest in their staff, tend to keep their staff. EI asked how do we support the health and wellbeing of our staff in a trauma informed way then everyone involved to go back and implement something that can then support their staff. LC agreed with AC's idea as this could form the whole week. LC offered to contribute to the awareness week around staff wellbeing but agreed to contact AT initially so as to compliment what AT and her team are doing. CK also offered to contribute.

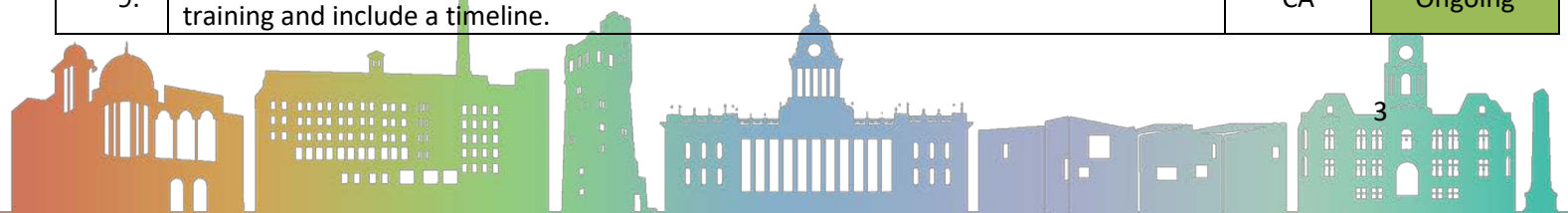
RB commented about the difficulties staff have in respect of vicarious trauma. This was discussed and LC asked RB whether his school had external supervision and RB responded that they don't. There was then a conversation around the benefits of having external supervisors, even if it is only for the senior leaders and it was agreed that this would be included in the awareness week. LC advised that she would be happy to share information in respect of external supervision but also added the local educational psychology teams to offer this.



	<p>EI advised that a Jamboard would be created and the link sent to the membership of this group to populate ideas/practice that they can share etc. for the awareness week and there will be a deadline for completion in January and we can then pull all the resources together before the event.</p> <p>There were other suggestions made in the meeting, e.g. Twitter chat, live sessions.</p> <p>EI advised the group that we are launching the new website at the Network Meeting on Thursday 8 December and asked that if anyone would like an invite, to put their name in the chat and CA will send. EI explained that the website will be a professional facing website, not public facing as the content has not yet been vetted for it to be public facing. EI added that colleagues will need to complete a registration form for approval by CA/EI.</p> <p>EI also asked that CA send the Draft Theory of Change to the group for approval at the next meeting. EI added that there is a Strategy Board Meeting on Friday 9 December and EI will provide feedback at the next meeting.</p>
5.	<p>Summary of Next Steps & Close</p> <p>EI summarised the actions as follows:</p> <ul style="list-style-type: none"> • Trauma Informed Education Sub Group - CA to set up a meeting with EI/CA/TS/AT/JF/SC and email the members to ask if anyone else would be interested in a sub group for the trauma informed training. • AT and Penny Netherwood are putting together a workshop for DSL's and DT's on wellbeing in February which will be a workshop looking after self care as well as others and we offered to do something for this. CA agreed to contact AT with the details. • CA to create a Jamboard and send the link to members of the group for ideas for the awareness week. • CA to send Draft Theory of Change to members for approval at the next meeting in January. • EI to provide feedback from the Strategy Board meeting in December at the next meeting in January.

Next Meeting: Thursday 12 January 2023, 15:30 – 17:00, via Teams

Action Log			
1.	EI/CR to chase up attending the Director of Children's Services Meeting to gain sign off and approval.	EI/CR	Ongoing
2.	EI/CR/LC to meet with virtual heads in respect of providing a session at a future meeting.	EI/CR/LC	Ongoing
3.	The meeting on the 20 th October to be themed on poverty and trauma.	EI/CA	Ongoing
4.	TS to send any information to CA in relation to the work being carried out in Gloucestershire.	TS	Ongoing
5.	CA to contact EM to arrange to present at a future meeting in respect of reflective practice.	CA	Ongoing
6.	EI to send the draft theory of change to the group for feedback/comments.	EI	Ongoing
7.	The group to list everything everyone has come across under the trauma informed framework to enable to programme to produce a mapping document.	All	Ongoing
8.	EI/CA to coordinate the Awareness Week then feed into the 2 groups, then the 2 groups can feedback to this group. EI advised that we will be asking for information etc. to include in the Awareness Week.	EI/CA	Ongoing
9.	CA to email the group with the actions and for EOI for the 2 groups for awareness training and include a timeline.	CA	Ongoing



Action Log

10.	Trauma Informed Education Sub Group - CA to set up a meeting with EI/CA/TS/AT/JF/SC and email the members to ask if anyone else would be interested in a sub group for the trauma informed training.	CA	Ongoing
11.	AT and Penny Netherwood are putting together a workshop for DSL's and DT's on wellbeing in February which will be a workshop looking after self care as well as others and we offered to do something for this. CA agreed to contact AT with the details.	CA	Ongoing
12.	CA to create a Jamboard and send the link to members of the group for ideas for the awareness week.	CA	Ongoing
13.	CA to send Draft Theory of Change to members for approval at the next meeting in January.	CA	Ongoing
14.	EI to provide feedback from the Strategy Board meeting in December at the next meeting in January.	EI	Ongoing

Completed Actions

1.	CA to email the group to ask whether they would like one meeting 1.00 – 2.30 and then the next 3.30 on a Tuesday or a Thursday.	CA	Complete
2.	CA to add 'Networking' to the agenda.	CA	Complete
3.	Watch the presentation of the research which LC provided for Knowledge Exchange Trauma Informed Education; A model for change - NHS West Yorkshire Knowledge Exchange 2022 Everyone to focus on 'what next' and 'what to do together as a group'. Please bring back any thoughts for the next meeting in respect of 'how do we take this forward'.	All	Complete
4.	CD to provide an update on the work being undertaken at Bradford College.	CD	Complete
5.	CA to email the group with details of the task and finish groups.	CA	Complete
6.	EI to discuss further options with the prison.	EI	Complete
7.	CA to send the ATR Network Meeting invite to the group.	CA	Complete

