Today we are pleased to launch new elearning on trauma informed care. I would be grateful if you could please share this with your networks.

Many thanks,

Louise

A close-up of a heart with hands making a heart shape

Description automatically generated

**New trauma informed care elearning programme now available**

NHS England’s elearning for healthcare and Mental Health team have worked together to develop a new elearning programme about trauma informed care.

The COVID-19 pandemic has highlighted a growing need for health and care professionals to understand the dynamics and impact of trauma on the lives of individuals, families and communities.

Whilst embedding trauma informed care requires a systematic multi-faceted approach, the aim of this programme is to support the learner in deepening their understanding on the importance of becoming more trauma sensitive in the way care is delivered, both as an individual and within a team or service.

The programme, which is aimed at frontline health and care professionals, emergency services colleagues, violence reduction units and education staff, consists of 5 modules:

* Human Development and Responses to Threat
* What Do We Mean by Trauma?
* Basic Awareness, Concepts and Challenges
* Public Health and Prevention, Personal Capacity
* Making Trauma Informed Approaches Part of Healthcare

On completion of the programme learners will have a greater understanding of trauma and its impact on the lives of everyone who encounters services, including

those who work within it. It will help learners to recognise and sensitively respond to people who have experienced trauma.

For more information and to access the resource, please visit the [Trauma Informed Care programme page](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.e-lfh.org.uk%2Fprogrammes%2Ftrauma-informed-care%2F&data=05%7C01%7Ccaroline.andrews16%40nhs.net%7C3aad54cc31c647c3752208dbd214028a%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638334755612743322%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=14iL6DnWkQSf%2BJBgJbCCbmgw9b9rdta0RiRxNIk35Ms%3D&reserved=0).

ENDS

**Notes**

Please also look out for our posts on Twitter [@NHSE\_TEL](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftwitter.com%2FNHSE_TEL&data=05%7C01%7Ccaroline.andrews16%40nhs.net%7C3aad54cc31c647c3752208dbd214028a%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638334755612743322%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=KmeB4M%2F8HgtXkEPZHlUPAvJtK8Rt%2B%2BWURXP3Zbyh7fA%3D&reserved=0) and help us to share the message where you can.

You can also read more about our latest programmes by emailing [edtechcomms@hee.nhs.uk](mailto:edtechcomms@hee.nhs.uk) to receive our monthly newsletter, TEL News.

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