

# Adversity, Trauma and Resilience

## monthly stakeholder bulletin



## Issue 17 – January 2024

### Welcome

Welcome to the West Yorkshire Adversity, Trauma and Resilience monthly bulletin which provides updates on the programme and information from 'place'.

### Adversity, Trauma & Resilience Programme – Our Ambition

Working together with people with lived experience and colleagues across all sectors, organisations to ensure that West Yorkshire is a trauma informed and responsive system by 2030.

If you would like anything adding to the ATR bulletin please send it to [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)



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The event will be run over three days as follows:

Day 1 Virtual Presentations and Expert Panels taking questions live

Day 2 Virtual Presentations and Expert Panels taking questions live

Day 3 Face to Face Network Event with limited spaces (10:00 until 15:00) at The Manor, Drighlington, Bradford

The event is open to all, including all colleagues working across the Partnership.

Registration is now live, please use this link

<https://westyorkshireknowledgeexchange.co.uk/>

## Trauma Informed Training Mapping

We are in the process of mapping out all of the trauma informed training across West Yorkshire and would appreciate if you could provide us with any training providers that you have commissioned to carry out this training. We would like a contact name and email address if possible.

From the information provided we would like to contact the providers and supply them with questions to enable us to quality assure their training. This will then become a resource for the programme for any training needs across West Yorkshire.

If you are aware of any other training providers, please could you also send their details.

Please feel free to pass this onto any colleagues/organisations that you are aware of that have undertaken any trauma informed training that are not part of the ATR Network.

We would appreciate if this information could be sent to [Emily@ylc.org.uk](mailto:Emily@ylc.org.uk) by Friday 2 February.



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the charter, which originated thanks to the [Visible Project, Leeds](#) and many other stakeholders in Leeds. It's all part of our ambition to be trauma informed and responsive by 2030.

See our [animation](#) for an explainer about what adversity, trauma and resilience mean. By connecting organisations, communities and individuals across West Yorkshire we can better understand our services, recognise people's needs and experiences and prevent re-traumatisation.

## Workstream Updates

***Please note that all meetings will be recorded and only an action log will be produced. The recordings are only available for the members of the meeting and if you would like a copy, please let Caroline Andrews know.***

### WY ATR Network

A meeting was held on Thursday 14 December and we were provided with a 'Seeking Safety' presentation from Melanie Mott and Matthew Jordan from South West Yorkshire Partnership Foundation Trust. Melanie and Matt will be joining us on Day 1 of the Knowledge Exchange and will be presenting their work and joining a live panel for questions and answers.

### WY ATR TI Staff Experience and Workforce Practices Workstream

On Monday 5 December we held our first Trauma Informed Staff Experience and Workforce Practices Workstream which was attended by over 40 colleagues. The group discussed the aims of the workstream and next steps moving forward. The next meeting will take place on Monday 5 February 2024.

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### WY ATR Trauma Informed Education Workstream

At the January meeting the focus was the Education Awareness Week and colleagues provided information/resources that could be used. Colleagues on the call also volunteered to present at the event.

If you have any resources that you think would be appropriate for this event, please forward to [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)

If you would like any further information on the workstreams please refer to the West Yorkshire ATR Academy Hub <https://westyorkshiretraumainformed.co.uk/> or contact [caroline.andrews16@nhs.net](mailto:caroline.andrews16@nhs.net)

### Violence Reduction Partnership Update

The Violence Reduction Partnership continues to deliver a programme of interventions across West Yorkshire and following completion of the Q3 performance return, over 10000 young people (YP) across West Yorkshire have been engaged in this provision since April 2023.

During January, a new initiative working with West Yorkshire Police and using Virtual Reality technology to support YPs understanding, and decision making linked to knife carrying and gang involvement has been launched, with several statutory and VCSE organisations trained to deliver the input.

Working with Jones Consulting we have recently invited applications and held interviews for local community leaders to be involved in an Institute of Leadership Management (ILM) recognised Community Leadership Programme. The first session will take place in early February and will include a focused session on Trauma Informed Practice.

During January, the Knowledge Hub have been finalising key documents including a West Yorkshire Strategic Needs Assessment focusing on Serious Violence, local Profiles for use by Local Authorities and Serious Violence Duty Holders and with Nicola Hughes Consulting, an updated Response Strategy 2024 has also been produced. These documents are being submitted to the Home Office

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and currently with our design team before they will be published on the VRP webpage on the Combined Authority Website - <https://www.westyorks-ca.gov.uk/policing-and-crime/west-yorkshire-violence-reduction-partnership/>

## Other News



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**#BLUE  
SOME  
GOOD**

Our #Bluesomegood campaign for Children's Mental Health Week is back, from 5-11th February!

The #Bluesomegood campaign continues to aim to spread awareness of Children's Mental Health, whilst raising vital funds for the work we do across West Yorkshire.

We will be working with Children and Young People across schools, sports clubs and more.

If you want to get involved, or know anyone who'd like to help us

**#BLUESOMEGOOD**  
visit our web-page below to find out how you can!

[katie.dewhurst@invictswellbeing.com](mailto:katie.dewhurst@invictswellbeing.com)



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**#BLUE  
SOME  
GOOD**

**JOIN US AT OUR  
FUNDRAISING  
EVENT**

**at Woolshops, Halifax**

**FOR CHILDRENS MENTAL  
HEALTH WEEK**

**Saturday 10th  
February  
10am-3pm**

A collage of three photographs. The top photo shows four people standing outside a building, one holding a sign that says '#BLUE SOME GOOD'. The middle photo shows a woman in a black outfit dancing on a stage with a sign that says 'INVICTUS well-being'. The bottom photo shows a large group of children in a hall, many wearing blue shirts, posing for a group photo.

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## #BLUE SOME GOOD

Thank You

#BLUE  
SOME  
GOOD

SCHOOL

Captain #BlueSomeGood and Dexter attended their first BLUE SOME GOOD assembly talking about mental health and ways to take care of your wellbeing and also how to look out for friends.

We look forward to all of our upcoming assemblies.

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**Try High**

**HOLIDAY CLUBS!**

FOR AGES  
7-11

**FUN-PACKED HOLIDAY CLUB FOR  
CHILDREN WITH SPORTS, GAMES &  
CREATIVE ACTIVITIES!**

**TRINITY ACADEMY AKROYDON**  
12TH - 15TH FEB

**FIND OUT MORE  
& BOOK NOW**

[invictuswellbeing.com/tryhigh](https://invictuswellbeing.com/tryhigh)

The advertisement features a central photograph of a large group of children and adults on a grassy field, many wearing white 'Try High' t-shirts. The background is a bright blue sky with a large yellow sun. Various icons are scattered around the text, including a football, a basketball, a soccer ball, a tennis ball, a paint palette, a paintbrush, a star, a clapperboard, and a film strip. A QR code is located in the bottom right corner of the text area.

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### **Community-based antenatal programmes, engagement in Better Start Bradford**

The next Children's Research Forum is on Thursday 15th February 2024 at 12 noon.

We are delighted to be hearing from Dr Laura McLarty, a researcher within Leeds Institute of Clinical Trials Research, about her research into how communities and patients are able to access services that are meaningful and useful to them.

As always, the Children's Research Forum is welcome to healthcare workers and researchers with an interest in child health, across any discipline.

This event is online and free to attend - please sign up using the link below:

<https://buytickets.at/childrensresearchforum/1073154>

Looking forward to seeing you there.

### **NIHR ARCs national webinar series: Health inequalities**

#### **National webinar series: Health inequalities**

This spring we launch the 2024 NIHR ARCs national #ARCseminar series.

**In this series of three webinars, we explore how health inequity cuts across life stages and places. Our speakers will present their research on health inequalities in early life, later life and between English regions.**

- **Wednesday 8 May 2024 at 1pm: Health inequalities in early life**
- **Wednesday 5 June 2024 at 1pm: Regional health inequalities**
- **Wednesday 10 July 2024 at 1pm: Health inequalities in later life**

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For more information and to book, please see the [Eventbrite Collection for the webinar series](#) or scroll down for more information on each webinar.

### **About NIHR ARCs**

We are the network of 15 NIHR Applied Research Collaborations (NIHR ARCs). Funded by the National Institute for Health and Care Research (NIHR), we are a research service close to the beating heart of health and social care. ARCs support applied health and care research across the country.

To find your local ARC, see the [NIHR ARCs website](#) join our [monthly national newsletter](#) and follow us on Twitter [@NIHRARCs](#).

### **West Yorkshire Voice Coordinator**

We are now recruiting for a West Yorkshire Voice Coordinator. Please can we share this far and wide. Applicants can be based across West Yorkshire but will be employed by Healthwatch Leeds.

We are looking for someone passionate about improving health and care services for the people who use them and we encourage people from all backgrounds to apply. The role will develop a people's panel called West Yorkshire Voice to ensure the voice of the people is at the centre of decision-making.

The application pack can be downloaded from <https://healthwatchleeds.co.uk/news-events/vacancies/>

Or requested by emailing [info@healthwatchleeds.co.uk](mailto:info@healthwatchleeds.co.uk) or calling 0113 898 0035.

People can request the application to be in a different format by contacting me on [gemma@healthwatchleeds.co.uk](mailto:gemma@healthwatchleeds.co.uk)

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For an informal chat about the role, please contact [heather@westyorkshirehealthwatch.co.uk](mailto:heather@westyorkshirehealthwatch.co.uk)

Closing date: End of day on Monday 5 Feb 2024

Interview date: Thursday 22<sup>nd</sup> Feb 2024

Kind regards,

**Gemma O'Connell (she/her/they/them)**

**Communications Manager**

0113 898 0035

07468 476 915

**07717 309 843 (Textphone)**

Your  
**healthwatch**  
Leeds

### **Men's Talk Digital Showreel**

Men's Talk Digital would like to invite you to join us at Connect Housing in Dewsbury on Thursday 29<sup>th</sup> February 2024, for our Annual Showreel event.

CLEAR's MT Digital - uses film making to engage men who have experienced mental health issues. The project provides equipment, training, support and opportunities to create short films and campaigns.

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Co-produced by the men, the Showreel we will be taking a look at the films created by MT Digital during 2023.

It would be great if you could join us to help celebrate the men's achievements and look forward to 2024.

To book, please email [mens.talk@commlinks.co.uk](mailto:mens.talk@commlinks.co.uk)

### Basis Yorkshire

Upcoming Open Training Supporting Young People

Do you support young people experiencing Sexual Exploitation? Our trainings provide further in-depth understanding and insights into recognizing and working with young people experiencing exploitation. We pride ourselves in ensuring courses are delivered by specialist frontline workers who are also experienced trainers with longstanding experience. These courses are aimed at all professionals that work with young people and those who want to enhance their understanding around these issues. Young People's voices are featured throughout in a variety of ways. We also now offer a course on Adult Sexual Exploitation – a highly specialist course based on our ground-breaking work on this complex topic.

Unable to attend one of our upcoming open courses? Our highly experienced trainers are able to travel to your organisation and offer bespoke training in your venue or a location of your choosing, as well as online - offering training on a broad range of social topics.

- **Survivor's Voices: Domestic Abuse Awareness Training - 7<sup>th</sup> Feb – In-person**
- **Advanced: Complexities of CSE in Practice - 12<sup>th</sup> Feb - Online**
- **Advanced Adult Sexual Exploitation - 23<sup>rd</sup> April - Online**

<https://www.eventbrite.com/cc/child-adult-sexual-exploitation-training-1575659>

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## Vacancy - ITIP Programme Manager – Leeds Jobs

Please use the link below for details of this vacancy.

[ITIP Programme Manager - Req24143 | Leeds Jobs](#)

## Useful Guide from Bradford ICB on inclusive language

Please use the link below for further information

[https://issuu.com/reducinginequalities/docs/inclusive-language-guide-final?fr=xIAEoAT3\\_NTU1](https://issuu.com/reducinginequalities/docs/inclusive-language-guide-final?fr=xIAEoAT3_NTU1)

## Hillside Court – Exemplar Health Care

### *New high acuity complex care service in Leeds*

*Hillside Court is registered with CQC and starting to welcome its first service users.*

Located on St Anthony's Road in Beeston, Hillside Court supports adults living with complex needs arising from:

- complex mental health conditions
- dementia
- neuro-disabilities (brain injuries, Huntington's disease and Parkinson's disease)
- physical disabilities (spinal injuries and musculoskeletal disorders)

### How to make a referral

If you're looking for a complex care placement in the area, please get in touch with our Referrals Team.

W: [www.exemplarhc.com/professionals/make-referral](http://www.exemplarhc.com/professionals/make-referral); T: [01709 565777](tel:01709565777)

E: [referrals@exemplarhc.com](mailto:referrals@exemplarhc.com)